

Laura Ellis, LAc, an Acupuncturist with Life's Great Experience Acupuncture

Get to know Acupuncturist Dr. Laura Ellis, who serves patients in Arizona.



New York City, New York Jul 18, 2022 ([Issuewire.com](https://www.issuewire.com)) - Dr. Ellis, a licensed acupuncturist, is the Medical Director of Life's Great Experience Acupuncture in Anthem, Arizona. She has a specific interest in diseases of aging, including arthritis, pain, emotional health, bladder, lung, and ocular diseases.

She decided to become an acupuncturist after seeing the healing benefits of acupuncture on her niece who had severe migraines with visual disturbances. She went from having migraines 3-5 times a week, to having them once or twice a year.

Academically, Dr. Ellis received her Master of Science in Acupuncture from the Phoenix Institute of Herbal Medicine and Acupuncture (PIHMA). In addition, she studied at Chengdu University of

Traditional Chinese Medicine in China in their TCM training program in Acupuncture, Tui Na, and Traditional Chinese Medicine.

What Dr. Ellis likes most about acupuncture in treating chronic pain without opioids, addressing the health and wellness of her patients, and helping the body to heal itself naturally. She has traveled and practiced in Rishikesh, India where she treated the underserved population.

Acupuncture is a form of alternative medicine and a key component of Traditional Chinese Medicine. It is a technique in which thin needles are inserted into the body and in some cases, electro-stimulation is applied to gently stimulate particular regions of the body. Acupuncture is also used to maintain general health and well-being. Acupuncturists treat a variety of health concerns including women's health/fertility, autoimmune disorders, digestive disorders, joint and muscle pain, insomnia, and emotional concerns such as stress management, anxiety & depression.

When Dr. Ellis isn't treating patients, she enjoys serving at her church, exercising, and reading.

Learn More about Dr. Laura Ellis:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/84066018-Laura-Ellis-Acupuncturist>, or through Life's Great Experience Acupuncture, <https://www.lifesgreatexperienceacupuncture.com/>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Laura Ellis, LAc

[See on IssueWire](#)