

Lane D. Spero, MD, an Orthopedic Surgeon with Litchfield Hills Orthopedic Associates, LLP

Get to know Orthopedic Surgeon Dr. Lane D. Spero, who serves patients in Connecticut.



New York City, New York Jul 18, 2022 ([IssueWire.com](https://www.issuewire.com)) - Dr. Spero is a fellowship-trained orthopedic surgeon at Litchfield Hills Orthopedic Associates, LLP, operating out of the offices in Torrington and Bristol, Connecticut. He is one of the few orthopedic surgeons in the state of Connecticut who performs total lumbar disc replacement surgery, and offers minimally invasive, robotic-assisted cervical and lumbar procedures using state-of-the-art technology.

His hospital affiliations include Litchfield Hills Surgery Center, The Hospital of Central Connecticut, Charlotte Hungerford Hospital, and Middlesex Hospital.

Academically, Dr. Spero earned his medical degree at the Boston University School of Medicine. He completed an internship in general surgery and his residency in orthopedic surgery at the Albert Einstein College of Medicine, Montefiore Medical Center, in Bronx, New York, and a spine surgery fellowship at Baylor College of Medicine in Houston, Texas.

He served as Chief of Spine and Scoliosis Service at Sound Shore Medical Center in New Rochelle, New York, is affiliated with the University of Connecticut, and has authored professional articles related to spine injury and surgery.

With expertise in a wide variety of advanced techniques and procedures, Dr. Spero is board-certified in orthopedic surgery by the American Board of Orthopedic Surgery (ABOS). The ABOS is an organization with the goal of establishing educational and professional standards for orthopedic residents and surgeons as well as evaluating the qualifications and competence of orthopedic surgeons.

Among his professional associations include the American Academy of Orthopedic Surgeons (Fellow), the American College of Surgeons, the Connecticut Orthopedic Society, and the North American Spine Society.

Orthopedic surgery is the branch of surgery concerned with conditions involving the musculoskeletal system. Orthopedic surgeons use both surgical and non-surgical means to treat musculoskeletal trauma, spine diseases, sports injuries, degenerative diseases, infections, tumors, and congenital disorders.

For several consecutive years, Dr. Spero has been peer-nominated and nationally recognized as a Castle Connolly Top Doctor, and has also been named one of Connecticut Magazine's Best Doctors 2022 for his dedication to providing outstanding care.

Learn More about Dr. Lane D. Spero:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3578162-Lane-Spero-Orthopedist>, or through Litchfield Hills Orthopedic Associates, LLP, https://www.lhoa.com/doctors/lane-d-spero-md?utm_source=google&utm_medium=organic&utm_campaign=gmbwebsite

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Lane D. Spero, MD

[See on IssueWire](#)