

James P. Oberman, MD, FACS, an Otolaryngologist with Frederick Breathe Free

Get to know Otolaryngologist Dr. James P. Oberman, who serves patients in Frederick, Maryland.



New York City, New York Jul 26, 2022 ([Issuewire.com](https://www.issuewire.com)) - A devoted otolaryngologist, Dr. Oberman welcomes patients at his private practice - Frederick Breathe Free - in Frederick, Maryland.

The board-certified professionals at Frederick Breathe Free have worlds of experience when it comes to

treating patients' ENT-related issues. They have a particular focus on sinus and allergies that allows them to create unique treatment plans to meet patients' specific treatment goals.

Educated in the United States, Dr. Oberman received his Bachelor of Arts degree from Boston College, and graduated with his medical degree from the Tufts University School of Medicine, where he was on scholarship with the Navy. He then went on to complete his internships in pediatrics and general surgery, as well as his residency in otolaryngology, at the Naval Medical Center Portsmouth. He also completed training at the Naval Undersea Medical Institute (NUMI), and the Naval Diving and Salvage Training Center.

Recognized as a Fellow of the American College of Surgeons (FACS), the doctor is board-certified in otolaryngology by the American Board of Otolaryngology-Head and Neck Surgery, which is a non-profit corporation that has set the mission of ensuring professional standards with certificates and memberships and has offered training in the fields of head neck surgery to professionals since 1924.

While in the US Navy, his operational tours included Submarine Squadrons SIX, EIGHT in Norfolk, Virginia, and he was the Senior Diving Medical Officer for Explosive Ordnance Disposal Group TWO in Little Creek, Virginia. He also served as the Tidewater regional diving casualty and clinical hyperbaric expert consultant, covered for the SUBLANT Senior Medical Officer, and established a SCUBA training program for submarines on the waterfront.

Moreover, Dr. Oberman completed two tours as a staff otolaryngologist in both Okinawa, Japan, and Jacksonville, Florida. While on staff in Jacksonville, he served a two-year term as the President of the Medical Staff, as well as serving as their Communication in Healthcare Course Director.

Finally, he deployed on the USS Narwhal submarine received his submarine medical officer qualification, and performed underwater explosive surveillance during OPSAIL 2000 in NYC harbor, in the summer of 2000. He was honored as the USN-wide "Undersea Medical Officer-of-the-Year for 1999", and was recognized by Jacksonville Magazine as "Best of Otolaryngology in 2011."

After retiring from the US Navy in 2017, Dr. Oberman joined the Becker ENT practice, an affiliate of the University of Pennsylvania System in Princeton, New Jersey, and was appointed the inaugural Medical Director for the Patient Experience at Princeton health system campus of UPENN. He transitioned closer to family in 2018 and joined the Frederick Health Medical Group. He was instrumental in establishing their inaugural otolaryngology department.

Otolaryngology is the oldest medical specialty in the United States. Pediatric otolaryngologists are primarily concerned with medical and surgical treatment of ear, nose, and throat diseases in children. They generally provide the following services: diagnosis and treatment of ear, nose, and throat disorders, as well as head and neck diseases.

On a more personal note, Dr. Oberman is married to Dr. Margaret (Meg) Ann Perusse Oberman of Litchfield, Connecticut, and currently resides in Montgomery County, Maryland. They have three children.

Learn More about Dr. James P. Oberman:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/166716-James-Oberman-Ear-Nose-and-Throat-Doctor-ENT>, or through Frederick Breathe Free, <https://www.frederickbreathefree.com/meet-our-provider>

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