

Indique's Guide To Washing & Styling Your Natural Wavy Hair

Houston, Texas Jul 7, 2022 ([IssueWire.com](https://www.issuewire.com)) - **Natural wavy hair** is just like any other hair texture, but like a mother's youngest child, it craves a little more upkeep. A wash day is nothing to be afraid of, and it should be used to relax and treat your long [wavy hair](#) for the best-defined waves that will remain for a long time. Once you've established a good wash day routine, you will love your waves even more!

We have laid down wash & style steps for your natural wavy here below to give you the best waves! So with no further ado, let's dive in!

STEP 1# SOAKING & DETANGLING WHILE SHAMPOOING

Use sulfate-free shampoo such as Indique Hair Care Essentials Moisturizing Shampoo, which will not rob moisture from your wet and wavy hair while also allowing you to easily detangle your naturally wavy hair.

- To wash your naturally wavy hair, first, soak it in lukewarm water in the shower/tap until it is wet. Soaking your hair properly will allow you to evenly distribute hair products with fewer tangles and knots.
- Now go for your hair shampoo & lather it into your wet & wavy hair. Massage gently with your fingers to remove all the dirt & build-ups from the hair products & pollutants.
- Detangle your hair using your finger or a wide-tooth comb intended for [naturally wavy hair](#) while thoroughly rinsing off the shampoo.

STEP 2# DEEP CONDITION YOUR NATURAL WAVY HAIR

Deep conditioning your wavy hair, whether long or short, will keep it hydrated and healthy, so don't skip this step. Use sulfate-free conditioner of the same brand, i.e., Indique Hair Care Essentials Moisturizing Conditioner, that will not weigh down your naturally wavy hair. Whether you have short or [long hair](#): both require equal care.

- Apply a deep moisturizing conditioner to your hair after fully rinsing the shampoo.
- Now apply a modest amount of deep conditioner to your wet & wavy hair and let it stay for around 5 minutes.

STEP 3# SQUISH TO CONDITION YOUR WET & WAVY HAIR

Squish to condition is commonly abbreviated as S2C. It's a conditioner-based approach for imparting and locking in moisture in **natural wavy hair**.

- Properly distribute the conditioner by
- Finger combing it through your hair, careful not to get it on your roots or scalp.
- Scrunch (squish) the conditioner into your wet & wavy hair.
- Take a palmful of water to rinse the conditioner from your hair.

STEP 4# APPLYING CURL DEFINING GELÉE TO WET & WAVY HAIR

The secret is to apply the curl-defining gelée while you are still in the shower, so make sure your favorite Design Essentials® Coconut & Monoi Curl Defining Gelée or Design Essentials® Natural Almond &

Avocado Curl Enhancing Mousse from Indique is at the reach.

- Take the curl-defining gelée or the mousse and rub it between your fingers before applying it to damp, wavy hair.
- Scrunch your hair lightly to release some water and allow gelée/mousse to thoroughly blend into your hair.
- Run your fingers through your hair to assist the curls develop and clustering together after applying the curl-defining gelée/mousse.

STEP 5# DIFFUSING YOUR NATURAL WAVY HAIR

A diffuser distributes air across a wider area in a more controlled manner. Diffusers are ideal for **naturally wavy hair** since they help to maintain the natural pattern.

- Take your diffuser-equipped blow dryer and set the temperature to high heat but low speed.
- The goal is to get the heat into your hair without making it frizzy, so avoid blowing it close to the hair.
- Allow your [long wavy hair](#) to fall into the diffuser, then bring the diffuser right up into your hair, gradually dividing the hair into sections.
- Dry your wavy hair up to 80% to avoid creating any frizz or crunches.

STEP 6# SCRUNCHING OUT THE CRUNCHES

Wait till your hair is 100% dry naturally & scrunch out all the crunches created by the defining gelée/mousse.

- Please pick up your diffuser and reheat your [hair](#) gently with it on medium heat & scrunch using your hand. A combination will break the gel cast of heat and scrunching.
- Another method to do so is to wear an old t-shirt & scrunch your hair with it. This removes the mousse/gel's physical cast from your hair and leaves you with beautiful curls.

STEP 7# DEFINING THE EDGE & FRIZZ

Natural wavy hair is prone to a few flyaways, so grab some Design Essentials® Sleek Edge Control from Indique to tame them.

- Apply a small amount of edge-defining gel to the baby hair and frizzy flyaways with your fingertips.
- You can tame them with an edge brush or your fingers by gently running them through them and styling them as desired.
- If strands of hair appear to be sitting awkwardly, moisten them with water and re-twist them to achieve better-curved waves for a natural finish.

TIPS FOR IN-BETWEEN HAIR WASH DAYS

Some techniques keep your natural wavy hairstyle and ensure you obtain the finest defined [waves hair](#) between hair wash days.

NIGHT ROUTINE: Use a leave-in before bed and sleep with a silky/satin head wrap to keep your long or short wavy hair from drying out. Use a silk pillowcase to sleep for untangled & silky natural wavy hair.

MORNING ROUTINE- Spray a hair refresher like Design Essentials® Coconut & Monoi Water Curl Refresher on your waves to revitalize them.

NATURAL WAVY HAIR PRODUCTS BY INDIQUE

- Indique Hair Care Essentials Moisturizing Shampoo
- Indique Hair Care Essentials Moisturizing Conditioner
- Design Essentials® Coconut & Monoi Curl Defining Gelée
- Design Essentials® Natural Almond & Avocado Curl Enhancing Mousse
- Design Essentials® Sleek Edge Control
- Design Essentials® Coconut & Monoi Water Curl Refresher
- Silk/satin Headwrap
- Satin Pillowcase

Conclusion

Washing & styling your naturally wavy hair have never been so easy! Thank god for the easy steps above. Visit Indique hair to find all the best hair products for your naturally wavy hair & keep those beauties alive! Catch all the summer feels and save 20% on premium virgin [hair extensions](#).

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Source : Indique hair

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