

Halima Al-Qawasmi, MD, a Psychiatrist with LifeStance Health

Get to know Psychiatrist Dr. Halima Al-Qawasmi, who serves patients in Vienna, Virginia.



New York City, New York Jul 28, 2022 ([IssueWire.com](https://www.IssueWire.com)) - Well-versed in the field of psychiatry, Dr. Al-Qawasmi is affiliated with LifeStance Health, seeing patients at their offices in Vienna, Virginia. She is passionate about improving the lives of patients with mental illness through a combination of medication management and brief psychotherapy interventions. She practices psychiatry using an integrative approach that includes coordination with other doctors, attempting to strengthen social support, and encouraging healthy lifestyle choices.

In her clinical practice, she specializes in mood disorders, anxiety disorders, psychotic disorders, trauma-related disorders, obsessive-compulsive disorder (OCD), eating disorders, mental illness related to chronic medical conditions, neurocognitive disorders, and mental illness related to developmental disabilities. She has a special interest in treating mental illnesses specific to women, including psychiatric disorders during pregnancy, in the postpartum period, or related to menopause.

Educated in the United States, Dr. Al-Qawasmi graduated with her medical degree from the West Virginia University School of Medicine in 2015, and completed her residency in psychiatry at the same educational venue in 2020.

Subsequent to her education, the doctor attained board certification in psychiatry through the American Board of Psychiatry and Neurology (ABPN). The ABPN is a not-for-profit corporation dedicated to serving the professions of psychiatry and neurology.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and evaluate treatment results.

Learn More about Dr. Halima Al-Qawasmi:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/83595755-Halima-Al-Qawasmi-Psychiatrist>, or through LifeStance Health, <https://lifestance.com/provider/halima-al-qawasmi-md/>

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