

Grant Smith, DC, owner of Colorado Concierge Chiropractic

Get to know Dr. Grant Smith, DC, who serves patients in Centennial, Colorado.



New York City, New York Jul 18, 2022 ([Issuewire.com](https://www.issuewire.com)) - Dr. Smith is a licensed chiropractor and owner of Colorado Concierge Chiropractic in Centennial, Colorado. Utilizing the 4 Pillars of Durability (Mechanical, Functional, Nutritional, and Mental), he works to ensure his patients experience life at the pinnacle with a body that makes them feel young and indestructible.

Focusing on restoring functional movement and aligning patterns within the body, Dr. Smith offers

chiropractic adjustments, soft tissue work, motor pattern relearning, and 3D functional movement analysis for everyday life or sports specific to the patient.

After earning his Bachelor of Science degree from the University of Colorado in 2011, Dr. Smith went on to obtain his Doctor of Chiropractic degree from Parker University in 2018. During his time studying at Parker University, he focused on athletes from many different sports backgrounds, and was a founding member of the Parker Sports Performance Program. He also served as the President of the Parker Sports Performance Club, where he educated students on how to identify dysfunctional movements and how to apply that knowledge to a variety of sports.

Dr. Smith holds a Certificate of Mastery in the Gravitational Pattern Alignment technique, which is an objective bio-engineering system of evaluation from the pedal foundation up to the skull in a weight-bearing individual. He is also TPI (Titleist Performance Institute) Level 1, Fitness 2, Medical 2, and Power 2 Certified, which focuses on analyzing a patient's biomechanical movement and golf swing, creating an improved performance on the course and enabling the patient to play more pain-free golf.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage a patient's health concerns including, but not limited to, neck pain, back pain, headaches, and vertigo. These techniques aim to improve functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

"I see a large gap in our healthcare system, where the patient rarely gets to experience the "win" for themselves. This is the gap that I operate in. I strive to empower every single one of my patients with the knowledge and tools they need to confidently self-manage some of their symptoms" Dr. Smith stated.

On a more personal note, Dr. Smith's hobbies include golf, lacrosse, hiking, basketball, baseball, and football. His favorite place to vacation is the family lake house in Michigan, or anywhere with a beach.

Learn More about Dr. Grant Smith:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/83594939-Grant-Smith-Physiatrist-Physical-Medicine>, or through Colorado Concierge Chiropractic, <https://www.thecoloradochiro.com/about>

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