

Good Vibes For Pat Mazza As Amazon Book Sales Top One Hundred Thousand

Pat Mazza has a mission - to teach people how to live a good life



Los Angeles, California Jul 13, 2022 ([Issuewire.com](https://www.issuewire.com)) - Pat Mazza, 32, is on a mission to teach people how to live a good life. Getting familiar with your vibration, Pat says, is essential to inner healing. Vibration is “the energy that courses through you and you radiate out into the world”. Pat believes it is “the key component to a greater life”.

“The feelings we project out into the universe are returned to us. If you feel joyful about life, you are going to receive more feelings of joy. Higher states of vibration promote positive feelings like gratitude and love,” Mazza says, “Self-love can help you vibrate on a higher level and change your life for the better.”

There has been a great deal of debate around the role of nature and nurture in human development. “Human mind is like a sponge. Without conscious awareness, we absorb things—from the music we listen to, the TV shows we watch, the people who are around, your teachers,” says Mazza.

You can change your life by rewiring your mind, Pat says. “If someone tells you that you are shy, you internalize it. When it is repeated so many times, it becomes a belief. It may stop you from interacting with people.... Some beliefs are helpful while some others are harmful. Once you are aware of these patterns, you can change them. You can change the way you view and approach life. But it takes commitment.”

Pat Mazza wrote a personal development book *The Book on Manifestation*, which has now sold over 100,000 copies globally, according to the publisher, alongside clocking up 100 weeks on the Amazon non-fiction paperback bestsellers list.

The Books on Manifestation, by Pat Mazza, was an Amazon bestseller in the personal development category for 2021, and his second book is set for release in 2023.

According to Nielsen BookScan, King has sold 18,000 copies in the UK, excluding lockdown weeks, with the majority of those sales surging after 2021.

The Publisher commented: "This is a major achievement for Pat and the UK publishing team, who have worked so hard to ensure his teachings reach a large audience."

Mazza started reading personal development as a young man to try and help himself maximize his human potential. His father was into personal development when Mazza child and often had Tony Robbins on when they were in the car together. Mazza describes his ambitions in life as always being top tier so he turned to personal development to help maximize his potential.

He said: "I wanted to ensure people have access to the Law of Attraction, and I wanted to find solutions amongst problems. This is why I naturally became a source of help – people would always seek my advice and I felt the most alive when I was being introspective and writing about the wisdom my life has given me."

You can follow him on Twitter and Instagram at:

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