

Anya de la Motte, ND, a Naturopathic Physician with Deschutes Natural Medicine

Get to know Naturopathic Physician Dr. Anya de la Motte, who serves patients in Bend, Oregon.



New York City, New York Jul 19, 2022 ([IssueWire.com](https://www.issuewire.com)) - A trusted naturopathic physician, Dr. de la Motte sees patients at her private practice - Deschutes Natural Medicine - in Bend, Oregon. Her goal is to help people recover their health, overcome health challenges, and lead richer, more enjoyable, and active lives.

“My goal is to make Naturopathic Medicine the gold standard for preventative health care. Naturopathic Medicine bridges the healing power of nature with the latest advances in science and should be the first step in healthcare - not the last resort” expressed the doctor.

After graduating from medical school, she moved to Philadelphia with her husband and son and started her own naturopathic practice, while her husband was completing his residency in Anesthesia. After four years, they moved back to the West Coast to be closer to family and her husbands’ job in the Monterey Bay Area. While in California, she worked in various clinics around the Bay Area.

On a professional level, Dr. de la Motte is an active member of the Oregon Association of Naturopathic Physicians, and the American Association of Naturopathic Physicians.

The practice of naturopathic medicine includes modern and traditional, scientific, and empirical methods. Naturopathic medicine is a distinct primary health care profession, emphasizing prevention, treatment, and optimal health through the use of therapeutic methods and substances that encourage individuals’ inherent self-healing process. Naturopathic physicians diagnose, prevent, and treat acute and chronic illnesses to restore and establish optimal health.

After the birth of their second child, Dr. de la Mote returned to her home state of Oregon. She loves living and practicing medicine in Bend, where she and her family can enjoy breathtaking views and all the wonderful outdoor activities that Central Oregon has to offer.

Learn More about Dr. Anya de la Motte:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/111888-Anya-de-la-Motte-Naturopath>, or through Deschutes Natural Medicine, <https://www.deschutesnaturalmedicine.com/meet-dr-anya>

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