

Anahaa Taking Hypnotherapy to The Next Level Integrating Spiritual Healing



Maharashtra, India Jul 26, 2022 ([Issuewire.com](https://www.issuewire.com)) - Spiritually inclined, Anahaa has initiated her journey of amalgamating Hypnotherapy with Spiritual Healing. This young soul has been turned to spirituality on and off throughout her teens and early twenties. An unavoidable incident that happened in September 2018 was the turning point of her life. Since then, Anahaa has taken an oath to continue as a spiritual mentor which has been the healing point for many out there. Her mission to save souls and

show them the right path toward spirituality has evolved in a new direction.

For years now, she has been practising hypnotherapy which further includes tarot reading. However, her healing modalities advance with reiki, life coaching, art therapy, and womb healing as well. She also looks after the Akashic record, a compilation of memories of all actions, events, feelings, and thoughts that have befallen since the beginning. People, availing of healing senses from her, have witnessed how their lives are improving.

Anahaa looks forward to widening the path of self-love as she says that self-fulfillment and thriving in a lifetime are necessary to live a beautiful life without regrets. She started getting spiritually involved while watching Master Sri Akarshana's Youtube videos and meditating at 4 am. Well, Anahaa thinks that people need to crack open their spiritual relationships so that they can understand their purpose of living. Afterwards, she realizes that people are not aware of how to balance their work and life. Moreover, the process of channelizing emotions and developing emotional intelligence is important to survive with a better purpose. She is helping all interested persons to personalize their healing coaching with her according to their needs.

The message she intends to spread is - "The goal isn't to make millions but to serve the millions".

However, you can find her free podcast available on the website. Also, you can check the free meditation and a 21-day free journal to get more insights at: www.anahaata.com/.

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