

World-class personal training & life-changing results in Dubai with Restrive!

Restrive was created to deliver life-changing personal training results for our clients and world-leading education for trainers.

 **RESTRIVE**

restrivedxb.com



Week 1



Week 12

experienced body transformation coach in Dubai.

Having worked for the top personal training company globally and managed multiple private PT gyms in Dubai, James has gained thousands of hours of 1-2-1 experience with his own clients and mentored and guided hundreds of other trainers to achieve transformations with their clients.

This puts him in an unparalleled position to deliver the best possible results for his clients and mentees.

Nobody in Dubai has overseen the number of transformations that he has.

Here's what James has to say:

"I want to raise the bar of the personal training industry.

Being a personal trainer is an honour! I love that my job allows me to help people change their lives for the better.

In what other job can you give your client the fitness levels to enjoy playing with their children when before they couldn't last 5 minutes before sitting down?

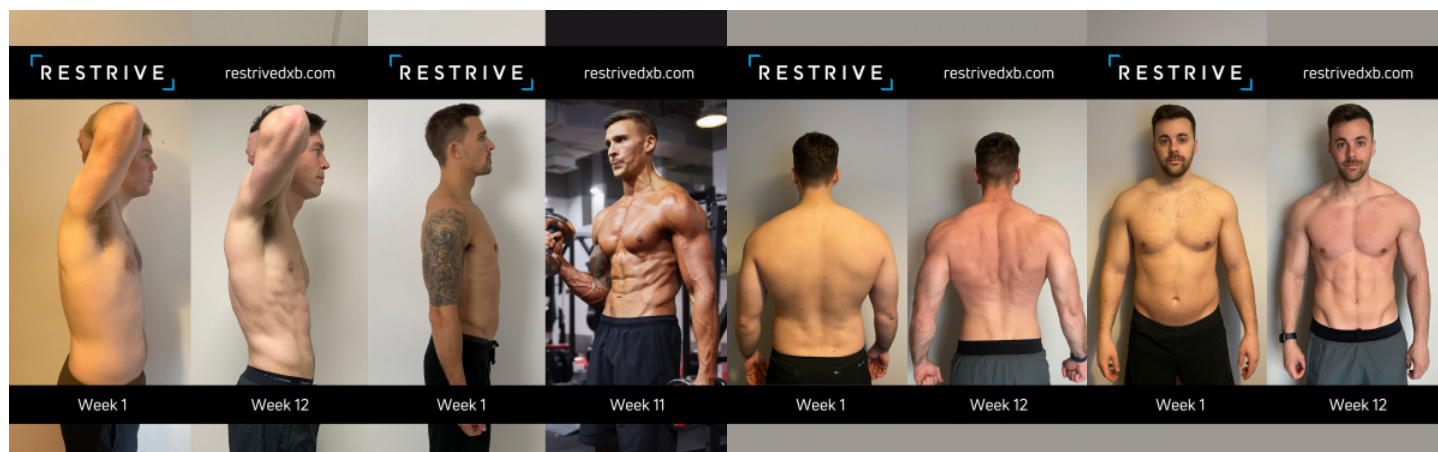
In what other job can you improve a client's health so that they are able to come off medication and add years to their life?

In what other job can you give your clients not only the confidence to go to the pool and beach again but the self-belief to apply for their dream job?

I take pride in being able to create a drastic positive impact on clients' lives that extends far beyond the way they look.

My passion is empowering clients to take control of their lives and not only achieve outstanding physical results, but to make lasting changes that continue to benefit them and those around them long after we have finished working together.

Achieving life-changing transformations extends well beyond the hours spent on the gym floor each week. I will look after every aspect of the transformation process, working around your individual lifestyle to ensure you get results beyond your expectations."



Media Contact

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