Peace Mountain Natural Beverages Corporation Launches “HEART SMART” Non-Carbonated Magnesium Mineral Water



Longmeadow, Massachusetts Jun 3, 2022 (Issuewire.com**)** - Peace Mountain Natural Beverages Corporation has announced the official national launch of its high magnesium mineral water, Peace Mountain Mineral Water, an all-natural O.U. Orthodox Union Kosher certified H20. The high bioavailability of magnesium in water is now recognized as a first-line adjunct for the treatment of heart attacks and strokes. Magnesium also may help prevent migraines, stress, and fatigue.

On the prevention side, this H20 may be the next prescription for cardio health, to "give your heart a healthy start," in that magnesium appears to better support triglyceride-lowering and high-density lipoprotein (HDL) to low-density lipoprotein (LDL) ratios as well as abate platelet aggregation. These findings are supported by many clinical and laboratory studies. According to Peace Mountain’s John David Alden; "We are very enthusiastic about the introduction of a great tasting, non-carbonated water rich in magnesium. Peace Mountain Water is nature's real thirst quencher!"

"Magnesium is the neglected heart protector," said Dr. Humberto Villarino, M.D., Medical Director at the Life Extension Institute. "Research has linked magnesium intake to decreased risk of heart attacks. Magnesium may also protect against stress by limiting the damage adrenaline surges can do. And

magnesium aids heart health directly; it helps normalize erratic heartbeats (arrhythmias) in both good people and those who have had heart attacks. Studies show it helps prevent heart enlargement."

Peace Mountain?s Mineral Water is perhaps the Purest water in the world and is the first bottled water company to offer a Heart Smart, high magnesium, non-carbonated mineral water to aid in the reversal of stress. Medical doctors agree that the best therapy in the world to treat the risk factors for coronary heart disease is making lifestyle changes. These include quitting smoking, exercising regularly, making simple changes in your dietary habits, and drinking bottled mineral water high in magnesium. These findings have been documented by

Dr. Burton M. Altura, M.D. in the journal "Magnesium" along with conclusive studies relating to magnesium and migraines, and R.M. McLean in the "American Journal of Medicine." Their findings have been reported in the "New York Times" and "The Wall Street Journal." For the latest news on YouTube visit:

https://www.youtube.com/watch?v=-kVFjQ-ZrEs&t=191s









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