

Nexus Surgical | What to Expect During an Endoscopy in Singapore

Nexus Surgical, a specialist surgical group in Singapore, sheds light on what patients can expect during an endoscopy session.



Singapore, Singapore Jun 3, 2022 ([Issuewire.com](https://www.issuewire.com)) - The endoscopy procedure involves the insertion of a flexible tube directly into one's body to examine tissue or an internal organ in great detail. While it's primarily used to diagnose the digestive tract and detect certain health conditions like stomach cancer, it can also be used for minimally invasive minor surgery.

According to experts, there are three different types of endoscopies that every patient needs to know. These are capsule endoscopy, colonoscopy, and gastroscopy.

Capsule endoscopy is an endoscopic procedure involving taking a tablet with a wireless camera inserted into it. Once consumed, the capsule will pass through the digestive tract and capture thousands of photos to be transmitted to an attached device.

One of the benefits of capsule endoscopy is that it can easily access the small intestine, which is considered a difficult region to observe using standard endoscopy. Because of this, it becomes quite useful for diagnosing small intestinal mucosa or Crohn's disease.

On the other hand, colonoscopy uses a long and flexible tube that enters through the anus to examine the colon or large intestine. This is beneficial to the patient as it helps detect early signs of cancer and remove polyps in the area.

Gastroscopy passes through the mouth to examine the upper portion of the digestive tract, including the oesophagus, abdomen, and duodenum. Similar to the other procedures, this particular type can detect digestive symptoms and treat minor inflammations.

During the diagnostic and therapeutic endoscopic procedure, the doctor will insert an endoscope into the body that's connected to a light and a camera. The camera will take photos and videos of the passage and transmit them to a connected monitor so doctors can get real-time data. The procedure typically takes 15 to 30 minutes, but it can be longer, depending on the condition and symptoms of the patients.

Based on the leading Endoscopy centre in Singapore, endoscopy is a beneficial screening for patients because it can detect digestive conditions early, remove growths, stop bleeding, and — if necessary — insert stents.

To help patients prepare for this, doctors recommend that they fast for at least eight hours, take gentle laxatives to relax their muscles, and mentally prepare for the procedure to reduce stress and anxiety.

The [endoscopy cost](#) in Singapore can range from S\$350 to S\$1650, depending on the complexity of the procedure.

[Nexus Surgical](#) offers minimally invasive endoscopy screening and treatment for those experiencing digestive symptoms. Through their team of expert doctors, they can help provide expert care to all their patients.

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