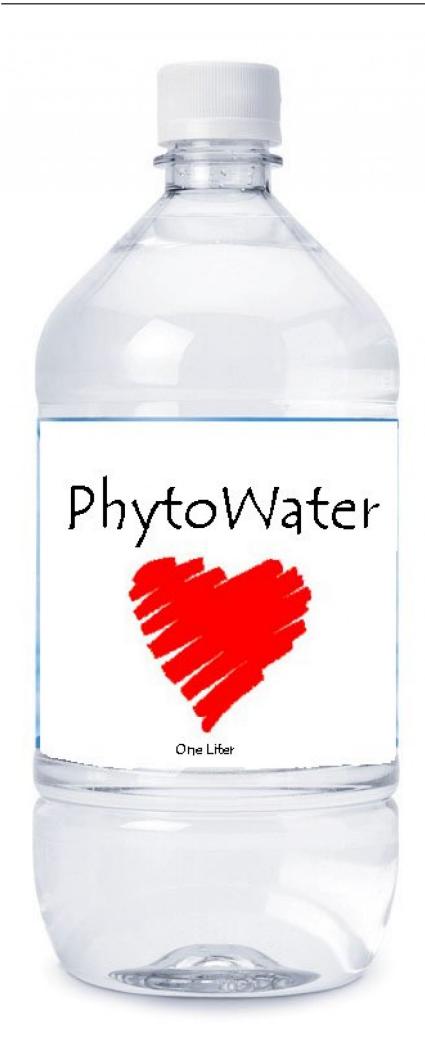
## Nautilus Launches "PhytoWater", A Natural Spring Water That Is Enhanced With CoroWise® (Calcium-3-Phytosterol)

Calcium-3-Phytosterol Is An FDA-approved Cholesterol-lowering Nutraceutical From Cargill, Incorporated.



Winnipeg, Manitoba Jun 14, 2022 (<u>Issuewire.com</u>) - Nautilus Mineral Waters of America, Inc., announced the official launch of its all-natural premium spring water plus product; PhytoWater, a refreshing and invigorating mineralized water made from natural spring water and calcium-3-phytosterol. Calcium-3-phytosterol is a proprietary, patent-pending water-soluble calcium-rich nutraceutical ingredient incorporating the proven medical benefits of cholesterol-lowering plant sterols. In addition, PhytoWater spring water plus delivers a unique combination of magnesium minerals, the heart-healthy compounds that are found naturally in pacific kelp extract, along with natural plant sterols ingredients that are cholesterol-lowering and carry the FDA-approved plant sterol heart health claim.

Numerous regulatory authorities, cholesterol educational coalitions, and independent researchers have reviewed the data of numerous clinical studies and have concluded that dietary intake of plant sterols is effective in lowering LDL cholesterol. Upon review of existing evidence, the FDA concluded that "there is significant scientific agreement that plant sterols/stanols reduce total and LDL cholesterol levels." The FDA authorized a health claim describing the relationship between dietary intake of plant sterols and reduced risk of heart disease. That health claim states that "Foods containing at least 0.65 grams per serving of plant sterol esters, eaten twice a day with meals for a daily total intake of at least 1.3 grams, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease." In a recent study; researchers at the University of California, Davis, gave study subjects 1 gram of plant sterol twice daily for an eight-week period. Subjects included both men and women, with normal and borderline high total cholesterol. Total cholesterol was reduced by approximately 8 percent and LDL-C fell by almost 13 percent.

"PhytoWater is enhanced with calcium-3-phytosterol cholesterol reducers and supplies a perfect balance of natural alkalizing minerals in a great neutral-tasting heart-healthy bottled water product, that provides necessary calcium and magnesium plus other micro minerals necessary for optimum health," says Richard H. Davis, President of Beverage Marketing USA, Inc. "In consideration of the emerging medical information on the potential health benefits and possible disease-preventing qualities of phytosterols, PhytoWater is poised to become the next major nutraceutical beverage that may play an important role in cholesterol-lowering by reducing cholesterol absorption in intestines," said Davis.

About Nautilus Mineral Waters of America, Inc.

Nautilus Mineral Waters of America, Inc., is engaged in the private label bottled water industry. Their product brands are both licensed and developed in-house, for private label store brands or co-brands which are bottled at strategic locations throughout the United States, Canada and Europe.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For More Information Visit: <a href="https://phytowater.blogspot.com/">https://phytowater.blogspot.com/</a> or see Dr. Keenan on KSTP TV Mpls St. Paul on YouTube: <a href="https://www.youtube.com/watch?v=fJZKge-bWlg">https://www.youtube.com/watch?v=fJZKge-bWlg</a>



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