## Monika singh is a Mental, Emotional and Spiritual wellbeing expert from New Delhi

Her mission is to provide tools that empower people to ignite their dreams, unleash their potential and fulfill their purpose. and Create consiousness that help the to design their own life



**New Delhi, Delhi Jul 2, 2022** (<u>Issuewire.com</u>) - Monika Singh was born on 15 august 1989 in new Delhi. and has been empowering people and making a change in the lives of people across the country since 2011, she has conducted her speeches & workshops in different parts of the country like Delhi, Haryana, Uttar Pradesh, Himachal, Ahmedabad, Lucknow, Varanasi, Kanpur, etc. She has addressed thousands of people, and all have enjoyed her speeches, courses & workshops.

she is a young life coach, spiritual guide & author from New Delhi, India. Monika Singh is also CEO and founder of "Magical minds academy - a school of spiritual sciences". her debut Book "Formula of happiness- a secret of happiness" is a Bestseller book on amazon. She is also a Designer and curator of a Writing journal that helps readers to manifest their dreams and goals through writing and journalling "Goal Getter workbook - a step-by-step guided workbook of Self-Discovery, Goals, and Manifestation, 3-month goal challenge, exercises inspired by the law of attraction"

She also is a <u>Youtuber</u> where she posts videos and tutorials on Mindfulness practices, Guided Meditation, Ancient ways of healing, and Motivation.

she also provides training through the online and virtual courses on **UDEMY** 

She has helped thousands of people in India in body-mind-soul wellness, self-development, stress & conflict resolution, and personal development & leadership

IF you have a dream, a goal, or an ambition? if you have areas in your life that frustrate you or problems that need to be solved? if you feel the need to protect yourself from negativity and avoid bad 'luck'/negative energies? Or perhaps you wish to improve your life by attracting good 'luck'? if you are looking to achieve success in your career and build your wealth? if you are wishing for your dream car or dream home? Or maybe you require some help to overcome destructive habits? if you wish to enhance your relationships with the people you love?

Whatever you desire, MONIKA SINGH can help you realize it - whether it is career success, education, wealth, love and relationships, health, healing, or even just finding inner peace and spiritual contentment in life...

MONIKA SINGH would like to welcome you on a journey of a lifetime!

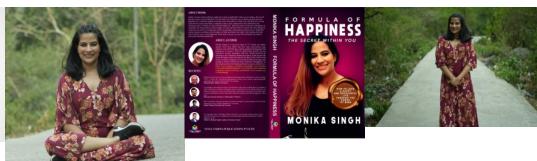
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