

Kristine Kensche Sarna, MD, a Family Physician with Norterra Family Medicine

Get to know Family Physician Dr. Kristine Kensche Sarna, who serves patients in Phoenix, Arizona.



New York City, New York Jun 16, 2022 ([IssueWire.com](https://www.issuewire.com)) - Dr. Sarna is a board-certified family physician specializing in wellness and anti-aging services. She is the Co-Owner of Norterra Family Medicine and Paradise Medspa & Wellness, their sister office, providing cosmetic skincare and wellness services. She enjoys treating patients of all ages, and believes in providing natural options for her patients to improve their health, including vitamin and nutraceutical therapies as well as acupuncture and lifestyle modifications. She also has specialized training in Bioidentical Hormone Replacement Therapy for men and women.

The doctors at Norterra Family Medicine dedicate themselves to providing quality care for men, women, and families in Phoenix. Their integrative approach to medicine treats the whole person - not just the symptoms - and can meet all of their patients' primary care needs under one roof. The practice prides

itself on offering health services for all ages, from pediatric to geriatric. Its mission is to empower patients with information so they can find their path to healthy living.

An Arizona native, Dr. Sarna completed her medical education at the University of Arizona in Tucson and her residency in family medicine at the Good Samaritan Hospital in Phoenix. She is also board-certified in Integrative Holistic Medicine and holds certification in Medical Acupuncture from the UCLA School of Medicine.

In pursuit of clinical excellence, the doctor is board-certified in family medicine by the American Board of Family Medicine (ABFM). The ABFM is a non-profit, independent medical association of American physicians who practice family medicine and its sub-specialties.

Family medicine is a medical specialty devoted to comprehensive health care for people of all ages. The specialist is called a family physician or family doctor. A family physician is often the first person a patient sees when seeking healthcare services. They examine and treat patients with a wide range of conditions and refer those with serious ailments to a specialist or appropriate facility.

Learn More about Dr. Kristine Kensche Sarna:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/61778-Kristine-Sarna-Family-Practitioner>, or through Norterra Family Medicine, <https://www.norterrafamilymedicine.com/provider/kristine-sarna-md>

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