

Balance Within - Acupuncture and Chiropractic

Get to know the Acupuncturists and Chiropractors of Balance Within - Acupuncture and Chiropractic, who serve patients throughout the State of California.



New York City, New York Jun 15, 2022 (Issuewire.com) - Balance Within Acupuncture and Chiropractic is known to be the valley's highest-rated acupuncturist clinic in Encino and Sherman Oaks. They take pride in providing a clean and relaxing atmosphere, friendly customer service, and decades of experience to ensure patients will have the best experience possible during their visit.

Their team treats many ailments with acupuncture and traditional Chinese herbs and specializes in pain management, anxiety, fertility, and much more. They also offer cosmetic acupuncture to help relieve wrinkles and improve skin quality. They have found that acupuncture is a great alternative to botox and fillers and the results are astonishing.

The most rated and highest rated acupuncture clinic in Encino and the San Fernando Valley, Balance Within has also been featured on FOX, ABC News, & NBC for its powerful proprietary treatment for muscle pain relief, Acu Muscle Rehab™.

Dr. Alexander Ezzati, LAc

Dr. Ezzati is a kind, warm-hearted, and gentle acupuncturist and herbalist producing highly effective results at Balance Within. His goal is to treat what he believes is the root of his client's medical problems. He is patient and he tries to make his clients feel listened to. His approach to healthcare for his patients is taking a full history and discovering where the root of the issue may be. Whether it is dietary, lifestyle, emotional, etc., he finds the root of the issue and treats the cause.

"My approach is to re-balance the body and achieve relief without the need or use of harsh pharmaceutical drugs" expressed the doctor.

Throughout his academic career, he graduated with his Bachelor of Science degree in Muscular Kinesiology from the California State University Northridge and relocated to China, where he studied under Master Acupuncturists and Herbalists at the Pacific College of Oriental Medicine. He also

acquired a Doctor's degree in order to deepen his understanding of acupuncture.

In order to remain up to date in his field, Dr. Ezzati is an active member of the American Heart Association.

On a more personal note, he is fluent in both English and Farsi.

Dr. Raisa Shahbazian, LAc

One of the leading practitioners in her field, Dr. Shahbazian is a board-certified acupuncturist and herbalist at Balance Within. She has a passion for treating a variety of women's disorders, pain, anxiety, and so much more. Traditional Medicine has been part of her life growing up which is why she set out to practice Traditional Chinese Acupuncture and Herbal Medicine.

"I love relieving people from their pain without chemicals, all naturally. Nothing is more rewarding than relieving someone's pain" stated the doctor.

In regards to her educational background, she earned her Bachelor of Science degree in Biology from Glendale Community College and Los Angeles City College and received her Master of Science degree in Acupuncture and Oriental Medicine at the South Baylo University in 2020. She graduated with her Doctor's degree in Acupuncture and Oriental Medicine from the Pacific College of Health and Science in 2022.

Dr. Dennis Elliot, LAc

Dr. Elliot is a classically trained acupuncture specialist who has thoroughly immersed himself in the study of treating ailments like pain, migraines, and digestive disorders with acupuncture and traditional Chinese Herbs.

"Pain is only the symptom of what's really going on. The origination of the pain usually stems from a different place or issue" expressed Dr. Elliot.

Dr. Emmanuel Oduwale, DC

Dr. Oduwale is a board-certified chiropractor working very closely with Dr. Ezzati to give individuals quality holistic health care. He specializes in pain management, sports injuries, chronic, and any type of misalignments that may be causing pain and discomfort. He combines acupuncture, massage therapy, and/or chiropractic adjustments as needed for a complete, natural combination that is synergistic in relieving symptoms. He has treated many individuals with debilitating pain, especially back pain and neck pain, with much success.

Academically, he earned his Doctor of Chiropractic degree from the Southern California University of Health Sciences. He is fully accredited and highly rated for effective spinal pain relief, and has mastered the principle of spinal manipulative therapy.

Board licensed with the National Board of Chiropractic Examiners, Dr. Oduwale is an active member of the International Chiropractors Association, the California Chiropractic Association, and the American Black Chiropractor's Association.

Among his other roles, he holds hospital privileges at Miracle Mile Medical Center, and Mission

Community Hospital, and does multidisciplinary consultative work at the Valley Spine Center. He also serves as a Primary Care Physician in the California Workers Comp System.

Speaking several languages, he is fluent in English, Spanish, and French.

Acupuncture is a form of holistic medicine and a key component of Traditional Chinese Medicine. It is a technique in which thin needles are inserted into the body and in some cases, electro-stimulation is applied to gently stimulate particular regions of the body. Acupuncture is also used to maintain general health and well-being. Acupuncturists treat a variety of health concerns including women's health & fertility, autoimmune disorders, digestive disorders, joint & muscle pain, insomnia, and emotional concerns such as stress management, anxiety & depression.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo, and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

Learn More:

Through Dr. Alexander Ezzati's findatopdoc profile,

<https://www.findatopdoc.com/doctor/848783-Alexander-Ezzati-acupuncturist-Encino-CA-91436>

Through Dr. Raisa Shahbazian's findatopdoc profile, <https://www.findatopdoc.com/doctor/83210681>

Through Dr. Dennis Elliot's findatopdoc profile,

<https://www.findatopdoc.com/>

Through Dr. Emmanuel Oduwole's findatopdoc profile,

<https://www.findatopdoc.com/doctor/1635876-Emmanuel-Oduwole-chiropractor-Garden-Grove-CA-92843>

or through Balance Within - Acupuncture and Chiropractic, <https://www.balancewithinyou.com/>

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