

She Rises Studios Presents: Dr. Sarah Allen - America's Brain Gal`

Raising Brains Book Signing w/ Dr. Sarah Allen - #RaisingBrains Movement



Pasadena, California May 17, 2022 (Issuewire.com) - [She Rises Studios](#) is proud to bring [Raising Brains Book Signing](#) to [Pasadena](#) and [Glendora](#) for the first time ever. The Raising Brains Book Signing will include a 20-min workshop, Q&A, reading, and a giveaway!

[Dr. Sarah Allen](#), executive director of [Brain Behavior Bridge](#) and author of [Raising Brains: Mindful Meddling to Raise Successful, Happy, Connected Kids](#), says she developed the idea of mindful meddling because she is, by nature, a meddler, but has recognized the importance of being intentional in the ways we meddle in the lives of those whom we love. "We need to create more times we're actually looking out for the best interests of the other person involved and not just on an impulse of wanting to get in there and fix things," Allen says. "And as parents, we're constant fixers; we want to fix these things." We're not just raising kids, we're raising brains! Seeing your student like a little brain will change the way you teach. It will help you grow your student's little brain.....without losing your mind!

Who is Dr. Sarah?

America's Brain Gal, Pediatric Neuropsychologist, Dr. Sarah Allen helps busy parents overcome their

fear and anxiety of failing their kids by refocusing their view of parenting with applied brain science.

Dr. Sarah is a mom, parent coach, doctoral professor, and school program consultant. She has spent over 15 years studying neuroscience and is the international best-selling author of the book *Raising Brains*. After experiencing the loss of three children that only lived an hour, her mother's battles with cancer, the loss of her 29-year-old sister to breast cancer, and a divorce, Dr. Sarah has both the personal and professional experience to recognize the importance of using the time you have with your children to create meaningful connections that focus on the development of social, emotional, and cognitive brain skills. She helps busy parents and teachers efficiently and effectively learn to look at their kids as little brains so they raise happy, connected, successful humans!

Dr. Sarah's work has been featured in PopSugar, The Philadelphia Inquirer, Philly.com, Lifehacker, and more. She has been featured on 6ABC, ABC15, NBC10, Good Day Rochester, Good Day Philadelphia, 957BENFM Her Story, WHYY, The Pulse, NPR, and more!

What's Happening During the Event???

Get your personally signed copy of *Raising Brains* - the #1 International Best Seller on AmazonListen as Dr. Sarah reads a few passages from the book. There will be a 20 Minute 3-point workshop, and RAFFLE. Stick around to the end to win a PRIZE Looking to network? We would LOVE to learn more about you and your parenting/teaching needs.

Things you may be hearing "...My kid's behind! Is my child dyslexic? Do you have an Orton-Gillingham teacher? You need to fix this! It's the school's responsibility. We need homebound, my child's too anxious."

[1st Book signing: Thursday, May 19, 2022, 3:00 PM – 5:00 PM](#)

[2nd Book signing: Friday, May 20, 2022, 4:00 PM – 6:00 PM](#)

Youtube

<https://youtube.com/embed/28WqB6yn9L8>

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PR@sherisesstudios.com

#1 INTERNATIONAL BEST-SELLER

RAISING BRAINS

Dr. Sarah Levin Allen – working mom, pediatric neuropsychologist, and parent/teacher coach – walks you through the magic questions, conversation starters, and “Mom tricks” you need to create your own parenting plan for raising your little brains

Get it on amazon
Scan the QR code to purchase the book

America's Brain Gal
#RaisingBrains - Join The Movement

WHO IS DR. SARAH ALLEN?
Not only does she have 10+ years of pediatric neuropsychologist experience, but she is also a mom of a someone kiddo! She helps her parents apply brain science proven strategies to be able to understand their kids' needs and help them grow. She has also contributed to Forbes magazine and is seen on major networks such as NBC, ABC, PBS, and more.

AS SEEN ON:
Forbes, Real Simple, CBS POPSUGAR, Lifehacker, The Bunch, NBC, ABC, WHY?

THE BOOK
Raising Brains is a book for moms from every walk of life who want to better understand that they aren't just raising kids, they're raising brains. In this practical, holistic, and fun book, Dr. Sarah Levin Allen – working mom, pediatric neuropsychologist, and parent/teacher coach – walks you through the magic questions, how to shape your brain, and “Mom tricks” you need to create your own parenting plan for raising your little brains.

LISTEN TO THE “WHAT’S HAPPENING HERE” PODCAST ON THESE PLATFORMS:

SOME EARLY REVIEWS:

“Raising Brains is a book for moms from every walk of life who want to better understand that they aren't just raising kids, they're raising brains. In this practical, holistic, and fun book, Dr. Sarah Levin Allen – working mom, pediatric neuropsychologist, and parent/teacher coach – walks you through the magic questions, how to shape your brain, and “Mom tricks” you need to create your own parenting plan for raising your little brains.”

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RAISING BRAINS THE MOVEMENT & BOOK SIGNING

Get to know Dr. Sarah and network with awesome like-minded individuals

MAY 19 3PM - 5PM

Spaces - California, Pasadena Playhouse District
680 East Colorado Boulevard Suite 180 and 2nd Floor, Pasadena, CA 91101, United States

bit.ly/drsarahbooksigning

Here's what's in store for you:
Book Signing
Networking
Reading
20 Min - 3 Point
Workshop
Raffle/Giveaways

INTRODUCING THE MOM BRAIN BOX

The Mom Brain Box is perfect for every mom-to-be in your life. Learn parenting strategies for raising your little brain.

brainbehaviorbridge.com/mom-brain-box

Media Contact

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Source : Brain Behavior Bridge

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