## Sandra Russell, FNP-C, a Family Nurse Practitioner with Avenue 360 Health and Wellness

Get to know Family Nurse Practitioner, Sandra Russell, who serves patients in Houston, Texas.



practitioner currently affiliated with Avenue 360 Health and Wellness, seeing patients at the Spring Cypress Clinic in Houston, Texas. Her areas of clinical interest include family care and women's health.

Avenue 360 Health and Wellness, a 501 (c)3 organization, is a Federally Qualified Health Center with seven clinics in the Houston region providing primary, behavioral health, and dental care to medically underserved communities. Its mission is to provide high-quality and caring services to promote healthy people and communities.

Pertaining to her educational pursuits, Sandra earned her Bachelor of Science in Nursing degree from the University of Texas Medical Branch at Galveston and obtained her Master of Science in Nursing degree at the University of Phoenix.

As a testament to her success, she is certified as a family nurse practitioner by the American Association of Nurse Practitioners (AANP).

A Certified Family Nurse Practitioner (FNP-C) holds certification and provides continuing and comprehensive healthcare for individuals and families across all ages, genders, diseases, and body systems. FNPs maintain patient records, perform physical exams, order or perform diagnostic tests, prescribe medications, develop treatment plans, as well as treat acute and chronic illnesses, conditions, and injuries that fall under primary care.

On a more personal note, Sandra attributes her success to her true passion to help others.

## **Learn More about Sandra Russell:**

Through her online profile, <a href="https://todaysnurse.org/network/index.php?do=/4148680/info/">https://todaysnurse.org/network/index.php?do=/4148680/info/</a> or through Avenue 360 Health and Wellness, <a href="https://avenue360.org/provider-directory-2/">https://avenue360.org/provider-directory-2/</a>

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