

Navita Modi, MD, Obstetrician-Gynecologist with Women's Health Care Specialists

Get to know Obstetrician-Gynecologist Dr. Navita Modi, who serves patients in Alexandria, Virginia.



New York City, New York May 9, 2022 ([IssueWire.com](https://www.issuewire.com)) - Dr. Modi is a board-certified obstetrician-gynecologist who has extensive experience in the diagnosis and treatment of a wide range of women's diseases, especially when it comes to dealing with the female reproductive system and performing advanced gynecologic surgeries. She is the owner of Women's Health Care Specialists in Alexandria, Virginia.

At Women's Health Care Specialists, she and her obstetrics and gynecology team provide exceptional, personalized health care using a holistic approach for women of all ages. The practice specializes in preventing OB/GYN illnesses through wellness care and treating chronic disorders if they arise. Additionally, she provides medically supervised weight loss management. Experts and patients agree: that medically supervised weight loss is by far the most effective way to lose weight and keep it off. New for 2020, Dr. Navita Modi has expanded her services to offer a medically supervised weight loss program to her patients, personalized to each individual's needs. A medically supervised weight loss program allows for the customization each patient needs to reach her goal while providing regular support and accountability to sustain her on her weight loss journey. Dr. Modi is committed to the health of her patients and is proud to be a weight loss partner to her patients.

Patients who are pregnant, require women's wellness exams, or suffer from infertility, endometriosis, menopause symptoms, pelvic pain, urinary incontinence, obesity, and more can turn to the experienced medical providers at Women's Health Care Specialists for compassionate, quality care. Dr. Modi performs minimally invasive OB/GYN surgeries utilizing the most advanced techniques and technology, including da Vinci® robotics and Olympus 3D imaging. She and her team offer medical weight loss and Elite+™, TempSure™ Envi, and TempSure™ Vitalia laser and radiofrequency technologies to restore youthful beauty and deliver superior results.

With her ability to establish rapport with the patients, her unfailing flexibility, and her adaptability to constantly changing circumstances, Dr. Modi has been able to deliver superior results under extreme pressures. She has an outstanding ability to provide care with an emphasis on a holistic approach, treating the female patient as a physical, emotional, and social being.

"I hold myself to an extremely high level of excellence in every aspect of my practice. This includes the care I provide, the equipment that I use, the health and safety protocols that I follow, and the incidental services that I offer. Above all, my aim is to provide each of my patients with an optimal experience" as stated by the doctor.

Pertaining to her educational background, Dr. Modi received her medical degree from Guru Gobind Singh Medical College in 1996. Thereafter, she went on to complete her residency at Howard University Hospital in Washington D.C. in 2004.

Shortly thereafter, she became board-certified in obstetrics and gynecology and critical care medicine by the American Board of Obstetrics and Gynecology, which is a non-profit organization that provides board certification for practicing obstetricians and gynecologists in the United States and Canada.

Among her professional affiliations, she is a Fellow of the American College of Obstetricians and Gynecologists (ACOG), as well as a member of the Pennsylvania Medical Society and the Ohio State Medical Association. She attributes her success to her passion for continuing her education while receiving support from her family.

Obstetrics and gynecology is the medical specialty that encompasses the two subspecialties of obstetrics (covering pregnancy, childbirth, and the postpartum period) and gynecology (covering the health of the female reproductive system – vagina, uterus, ovaries, and breasts).

Throughout her professional career, Dr. Modi has published various research papers and articles. She has also received recognition awards for her outstanding performances, including being named one of America's Top OB/GYNs by the Consumer's Research Council of America, among others.

When not in the office or at the hospital, Dr. Modi enjoys spending time with friends and family, teaching, and helping out at various charitable organizations.

Learn More about Dr. Navita Modi:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/81225029-Navita-Modi-OB-GYN-Obstetrician-Gynecologist>, through Women's Health Care Specialists, <https://whcsmd.com/dr-navita-modi-md-facog.php> or through her website, <https://www.navitamodi.com>

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