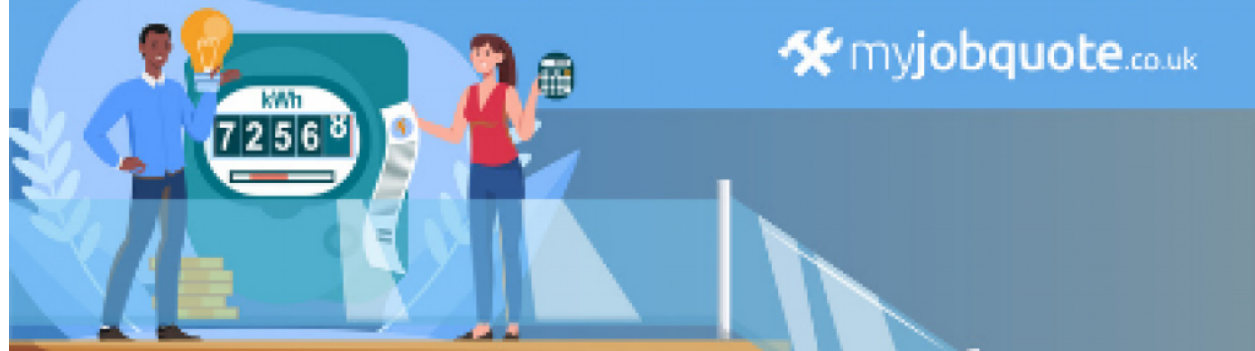


MyJobQuote Reveals Which Rooms Use The Most Energy in UK Homes {Infographic}

Which Rooms In **YOUR HOUSE** Use The **MOST ENERGY?**

 myjobquote.co.uk



Total Energy Use in Houses

1 Bedroom House
1800KWh-2400KWh
2 Bedroom House
2500KWh-3000KWh
3 Bedroom House
4350KWh
4 Bedroom House
15000KWh

Lighting saving tips:

Don't overlight your bedroom. You should aim for 20 lumens of light per square foot.



Radiator saving tip: Setting your thermostatic radiator valves at a low temperature at night will save you around £75 per year.

RADIATORS

Average Price

£150-£1200

Average Energy Usage
Per Year

7884000 watts

Average Cost Per Year

£438



SHOWER

Average Price

£350-£600

Average Energy Usage Per Year

455000 watts

Average Cost Per Year

£148.15

Shower saving tip:

Turn off radiators in the bathroom when you are not using it.

BATHROOM

BATH

Average Price

£250-£400

Average Energy Usage Per Year

8380000 watts

Average Cost Per Year

£360

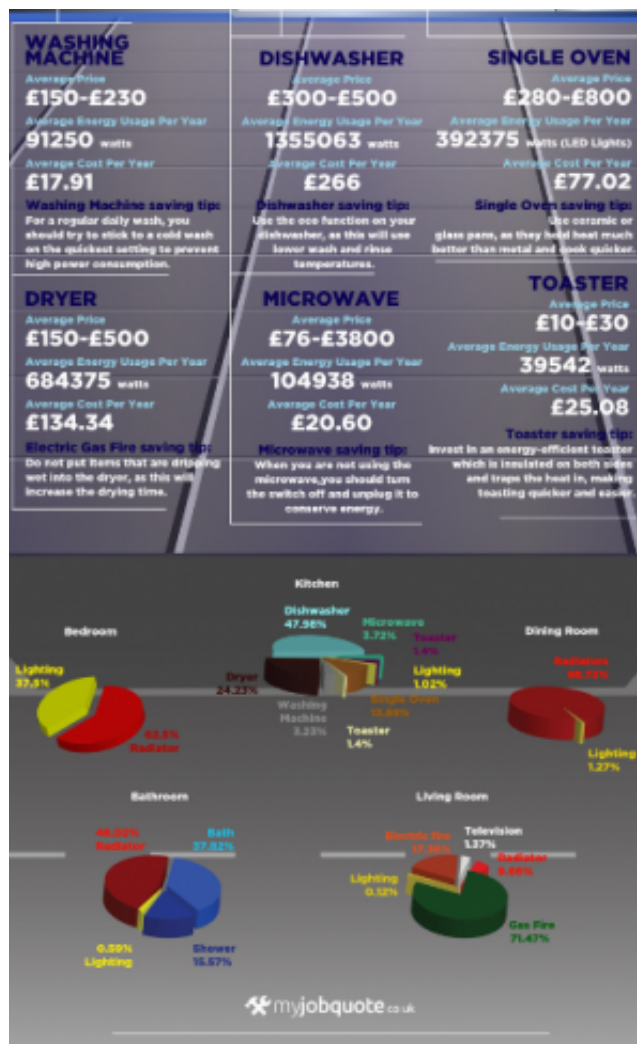
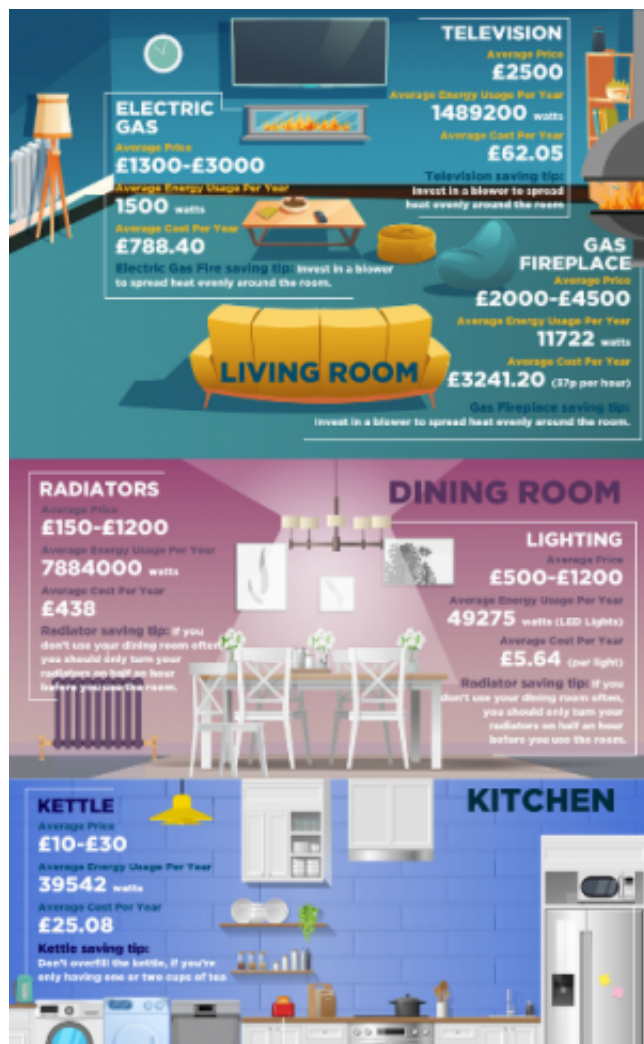
Bath saving tip:

Setting your thermostatic radiator valves at a low temperature at night will save you around £75 per year.

St. Asaph, Wales May 23, 2022 ([Issuewire.com](https://www.issuewire.com)) - The cost of living crisis has seen a significant increase in energy bills, forcing the people of the UK to become more aware of their energy usage. Before changing our energy habits, it's important to understand how much energy is used on home appliances and fixtures, as this will help people to pinpoint and minimise energy usage and reduce costs.

But which rooms actually use the most energy? [MyJobQuote's infographic](#) uncovered which rooms in UK homes have the highest usage. You will find some staggering energy stats, as well as some of the best hacks on how to reduce energy bills as energy prices continue to soar.

MyJobQuote is a trades matching site that helps homeowners find the right tradesperson in a specific area. For more information on MyJobQuote's findings, please email hannah@myjobquote.co.uk.



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