

Darlene Espinosa, MD, a Family Physician with Edge Family Medicine.

Get to know Family Physician Dr. Darlene Espinosa, who serves patients in California.



New York City, New York Jun 8, 2022 ([Issuewire.com](https://www.issuewire.com)) - Dr. Darlene Espinosa was born and raised in south Texas. She attended Texas A & M University and received a B.S. in Nutritional Science. She then attended medical school at the Universidad Autónoma de Guadalajara and earned her medical doctorate at New York Medical College.

Dr. Espinosa completed a Family Medicine Residency at the University of Kansas Medical Center in Kansas City. She entered Family Medicine because she believes that she can interact on a more personal level with patients. With the field of medicine becomes more complex and technological, she was looking for a specialty that believes as she does: a patient needs to be treated as an individual and not as a disease. The field allows her to see a diverse group of patients. Her family moved to Rancho Cucamonga/Upland area 10 years ago. She is board certified in Family Medicine and a strong advocate for women's health and preventative medicine. She is currently working at Edge Family Medicine, serving Upland and surrounding communities.

Among her various accolades, Dr. Espinosa has been the recipient of the Patients' Choice Award in 2018.

Family medicine is a medical specialty devoted to comprehensive health care for people of all ages. The specialist is called a family physician or family doctor. A family physician is often the first person a patient sees when seeking healthcare services. They examine and treat patients with a wide range of conditions and refer those with serious ailments to a specialist or appropriate facility.

Learn More about Dr. Darlene Espinosa:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/2068491-Darlene-Espinosa-Family-Practitioner>, or through Aspen Family Medicine and Geriatrics, <http://aspenfamilymedicine.org/about-us/>

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