

Baby Oil Massage – All You Need To Know About Massaging

Baby massages are essential as they have several benefits. Little Rituals deals in top-quality massage oil for babies that are entirely organic and 100% plant-based. Their massage oils are cold-pressed and enriched with vitamins and nutrients



Rajkot, Gujarat May 25, 2022 ([Issuewire.com](https://www.issuewire.com)) - Rajkot Gujarat (<https://littlerituals.in/>) Massaging a baby is a great way to build an emotional bond. Before babies understand the language, being a parent, you can make them feel comfortable through your maternal touch & massage.

But this doesn't mean that you start massaging your baby with any oil, and you need to use the correct type of massage oil for your baby that ensures maximum benefits without any harm. You can use Little Rituals [cold-pressed baby massage oil](#) for massaging.

Types of Baby Oil Massage

You can get different kinds of massage from different kinds of massage for your baby.

- **Leg Massage** – By using the cold-pressed almond oil by Little Rituals, you have to wrap your hands around your baby's legs and glide your hands down to the ankle through the ankle. Make some repetition on both of the legs for the best results.
- **Belly Massage** – In this type of massage, you need to place your hands at your baby's navel

level in a clockwise motion. Rub your fingertips in a very gentle way over the tummy in a circular motion.

- **Arm Massage** – Under this massage, roll your baby's arms between the hands, starting from the shoulder and down to the wrist. Now repeat this 2-3 times and then switch to another arm.
- **Neck Massage** – Give support with your hand to the infant's head and upper body with another hand. Now, use the thumb of another hand on one side of the neck and the first two fingers on the other side. Gently rub your baby's neck using your fingertips in a circular motion a few
- **Colic-Relief Massage** – You need to give your baby a belly massage and then bend his/her knees up to the tummy and hold for 30 seconds. Place the edge of one hand on the baby's belly, and glide from the belly button in a rhythmic pattern, which helps in gas problems.

Why Use Cold-Pressed Massage Oil?

One of the primary reasons to use cold-pressed massage oil over others is that they are non-toxic and have nourishing properties. Pure cold-pressed massage oil by Little Rituals can be absorbed quickly on the surface of the baby's skin so that they don't get slippery after application.

You can use cold-pressed oil as it is free from harmful chemicals and 100% plant-based, which means you can use it without any risk.

About Little Rituals

Little Rituals is one company that deals in the best massage oil for babies. All the baby massage oils are 100% organic and natural, plant-based, and cold-pressed. Little Rituals has various types of oil, such as sweet almond oil, black sesame oil, and coconut oil.

So, make sure to use the range of top-quality cold-pressed massage oil for your babies by Little Rituals.

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