

Zoe Holman, LAc, MAOM, an Acupuncturist with Coast to Coast Acupuncture

Get to know Acupuncturist, Zoe Holman, who serves patients throughout the State of Oregon.



New York City, New York Apr 11, 2022 ([Issuewire.com](https://www.issuewire.com)) - A prominent acupuncturist, Zoe is the Owner of Coast to Coast Acupuncture, serving patients in Portland and Milwaukie, Oregon. She founded the practice with the mindset to help those in both South Carolina and Oregon, in order to keep close to her roots while helping others across the country.

Her hard work and dedication to medicine make her an asset for anyone looking to change, improve or lengthen their life. She takes into account the patient's lifestyle, upbringing, and financial situation while coming up with the best treatment plan tailored to the individual.

Pertaining to her educational background, Zoe is currently pursuing a doctorate in Chinese Medicine and graduated from the Oregon College of Oriental Medicine with a Master's degree in the Fall of 2020 amidst the Covid Pandemic. She also graduated from Bryn Mawr College with a degree in Philosophy and carries a strong passion for Eastern Philosophy and Poetry.

Acupuncture is a form of holistic medicine and a key component of Traditional Chinese Medicine. It is a technique in which thin needles are inserted into the body and in some cases, electro-stimulation is applied to gently stimulate particular regions of the body. Acupuncture is also used to maintain general health and well-being. Acupuncturists treat a variety of health concerns including women's health & fertility, autoimmune disorders, digestive disorders, joint & muscle pain, insomnia, and emotional concerns such as stress management, anxiety & depression.

Learn More about Zoe Holman:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/84664803-Zoe-Holman-Acupuncturist>, or through Coast to Coast Acupuncture, <https://www.coasttocoastacupuncture.com/about>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Zoe Holman, LAc, MAOM

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