

Blaire Bradley, DC, a Chiropractor with Airrosti Federal Way Naturopathy

Get to know Chiropractor Dr. Blaire Bradley, who serves patients in Federal Way, Washington.



New York City, New York Apr 6, 2022 ([Issuewire.com](https://www.issuewire.com)) - A devoted chiropractor, Dr. Bradley is in practice at Airrosti Federal Way Naturopathy.

Airrosti specializes in delivering high-quality, outcome-based musculoskeletal care. Their focus on

quality means they spend a full hour, one-on-one, with each patient to accurately diagnose the source of the pain. Their treatment model combines effective soft tissue treatment and active rehab exercises. When working together, these two practices allow patients to return to their active lives pain-free.

Born and raised in Madison, New Jersey, Dr. Bradley obtained her undergraduate degree from Vassar College and was the Captain of the Vassar College Women's Swim Team. She graduated summa cum laude with her Doctor of Chiropractic degree from the Palmer College of Chiropractic, Florida Campus.

On a professional level, she serves as an executive member of the Palmer Chiropractic Sports Council. She also provided chiropractic care to people in the Dominican Republic on ChiroMission.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo, and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

On a more personal note, Dr. Bradley enjoys swimming and is a former Daytona Beach Lifeguard. Currently, she is a member of the Masters of South Texas Swim Team.

Learn More about Dr. Blaire Bradley:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/2291679-Blaire-Bradley-Chiropractor>, or through Airrosti Federal Way Naturopathy, <https://www.airrosti.com/provider/blaire-bradley-dc/>

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Source : Blaire Bradley, DC

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