

## **Ruvva Milian Hernandez, NL, CNC, a Naturopathic Doctor with Naturopatas Puerto Rico**

Get to know Naturopathic Doctor, Ruvva Milian Hernandez, who serves patients in San Lorenzo, Puerto Rico.



**New York City, New York Mar 22, 2022 ([IssueWire.com](https://www.issuewire.com))** - Ruvva is an established naturopathic doctor serving patients at Naturopatas Puerto Rico. She has over 25 years of experience in the field of naturopathic medicine.

Her practice in San Lorenzo provides various naturopathic services, including Chinese medicine, homeopathy, holistic iridology, herbology, nutritional consultations, and stress studies. They also provide services for children with ADD and autism, and epigenetic hair analysis.

Pertaining to her educational background, Ruvva holds a degree in naturopathic medicine and has been recognized as a Certified Nutrition Counselor (CNC).

The practice of naturopathic medicine includes modern and traditional, scientific, and empirical methods. Naturopathic medicine is a distinct primary health care profession, emphasizing prevention, treatment, and optimal health through the use of therapeutic methods and substances that encourage individuals' inherent self-healing process.

#### **Learn More about Ruvva Milian Hernandez:**

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/81626845-Ruvva-Milian-Hernandez-Naturopath> or through Naturopatas Puerto Rico, <http://www.naturopataspr.com/naturopatasanlorenzo.htm>

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