

Reiki Montreal offers remote Reiki healing sessions

Remote Reiki healing



Montreal, Quebec Mar 9, 2022 ([Issuewire.com](https://www.issuewire.com)) - [Reiki Montreal](#) is a local business launched in January 2022. The Reiki practice is managed by a [Reiki Master](#) with over 16 years of experience, a member of the Shibumi International Reiki Association. Reiki Montreal offers [remote Reiki healing](#) sessions that you can enjoy anywhere in the world, from the comfort of your home. Remote Reiki healing is as efficient as in-person sessions.

A [Reiki energy healing](#) session can be done either in person or at distance (remotely). The Reiki healing system is an energy healing technique based on the concept that the body is permeated by an energy field. This energy field also called subtle energy or life force can affect our health and wellness.

A Reiki treatment is useful for general relaxation of healing a specific issue. Distance is of no concern as the client's own body controls this self-healing energetic process. The Reiki Practitioner is just a channel for the universal healing energy, guiding it remotely to the client. During the treatment, the body will only take the amount of energy that it requires.

The system of Reiki developed by Dr. Usui in the 20th century Japan is unique. That explains why it has become a model for other forms of healing. Reiki is translated from the Japanese to mean 'Spiritual Energy'.

Known as prana in Ayurveda and qi in Traditional Chinese Medicine, we can work with this energy to find healing and balance. When this energy is not flowing properly or is stuck, both mental and physical health conditions can manifest.

The goal of Reiki as an energy healing practice is to restore the balance of energy in our bodies in order to support physical, emotional, and mental well-being. It is possible to work with the body's energy non-physically. That allows Reiki practitioners to perform energy healing sessions remotely.

Whether you want to receive Reiki for energy level balancing, emotional trauma healing, or to develop yourself spiritually, Reiki can provide you with endless advantages.

[Come to experience](#) an energy healing session that promotes relaxation and develops emotional, mental, and spiritual well-being.



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