

Ignatios Papas, DO, a Physiatrist with Regenexx Tampa Bay

Get to know Physiatrist Dr. Ignatios Papas, who serves patients in Tampa, Florida.



New York City, New York Mar 14, 2022 ([Issuewire.com](https://www.issuewire.com)) - Dr. Papas is a non-surgical orthopedic physician specializing in physical medicine and rehabilitation at Regenexx Tampa Bay. His clinical practice focuses on interventional orthobiologics offering Regenexx procedures, which are highly specific, precise image-guided injection procedures that can promote the body's healing ability and improve pain and function.

A native Floridian, he received his Bachelor of Science degree in Microbial & Molecular Biology from the University of Central Florida, his Master of Science degree in Neuroscience & Aging from the University of South Florida, Morsani College of Medicine, and his Doctor of Osteopathic Medicine degree from the

Lake Erie College of Osteopathic Medicine.

Subsequently, Dr. Papas completed his residency in physical medicine and rehabilitation at Carolinas Medical Center, where he served as Chief Resident and founded the program's Musculoskeletal Ultrasound Curriculum. During his academic chief tenure, he was voted Medical Educator of the Year at Carolinas Rehabilitation. He has taught courses in musculoskeletal ultrasound to physicians, residents, and medical students across multiple specialties. He obtained his Registered in Musculoskeletal Sonography (RMSK) certification in 2018.

Continuously advancing his efforts, he is an active member of the American Medical Society for Sports Medicine, the American Academy of Physical Medicine and Rehabilitation, the American Academy of Orthopedics, the Spine Intervention Society, the Interventional Orthopedic Foundation, and the American Osteopathic College of Physical Medicine and Rehabilitation.

In his professional experience, Dr. Papas is a research collaborator with Columbia University Medical Center/Weill Cornell University and Stanford University on multiple projects. His research specializes in musculoskeletal ultrasound and he has spoken at numerous national conferences regarding the advancement of techniques in the field.

Physical medicine and rehabilitation, also known as physiatry, is a branch of medicine that aims to enhance and restore functional ability and quality of life to those with physical impairments or disabilities. Physiatrists treat a wide variety of medical conditions affecting the brain, spinal cord, nerves, bones, joints, ligaments, muscles, and tendons.

Happily married, Dr. Papas enjoys spending time with his wife and young children, playing soccer, practicing guitar or piano, and listening to historical podcasts.

Learn More about Dr. Ignatios Papas:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/81939303-Ignatios-Papas-Sports-Medicine-Specialist> or through Regenexx Tampa Bay, <https://newregenortho.com/ignatios-papas-md/>

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