

Heather Smith-Fernandez, MD, a Pain Management Specialist with Regenerative Institute of Medicine

Get to know Pain Management Specialist Dr. Heather Smith-Fernandez, who serves patients in Naples, Florida.



New York City, New York Mar 16, 2022 ([Issuewire.com](https://www.issuewire.com)) - A board-certified and fellowship-trained pain management specialist, Dr. Smith-Fernandez is the Founder and Medical Director of the

Regenerative Institute of Medicine in Naples, Florida. She is one of only two physicians in the world licensed to use a proprietary and powerful cell preparation technique for orthopedic and spine conditions using a patient's own regenerative cells.

In addition to this highly-sophisticated technology, she also practices Interventional Regenerative Orthopedic Medicine (IROM), which primarily focuses on non-surgical methods to restore function, regenerate tissue and alleviate orthopedic and musculoskeletal pain, often where conventional medicine has failed.

Furthermore, Dr. Smith-Fernandez is fully trained and certified in Bioidentical Hormone Replacement, advanced biocellular aesthetics, Integrative medicine, and preventative health. In 2016, she opened the Regenerative Institute of Medicine, where she and her team practice a truly integrated approach for total health, orthobiologic (including PRP and stem cell-rich biocellular preparation) treatments for joint and spine conditions as well as very advanced cellular therapies for facial aesthetics.

Throughout her academic career, she graduated with her medical degree from the Spartan Health Sciences University in 2002 and completed her internship and residency in anesthesiology from the University of Florida College of Medicine in 2006. Finally, she completed her fellowship in pain management at the same educational venue in 2008.

An authority in her field, the doctor is board-certified in anesthesiology and pain management by the American Board of Anesthesiology (ABA). As the certifying body for anesthesiologists since 1938, the ABA is committed to partnering with physicians to advance the lifelong learning and exceptional patient care. Its mission is to advance the highest standards of the practice of anesthesiology.

Among her other roles, Dr. Smith-Fernandez is the Founder of Peptology®- a trademarked set of protocols for the clinical application of peptides. She graduated in the first-ever class of physicians trained and certified in peptide medicine and has conducted leading research in the field of peptides for her patients. She utilizes Peptides in all areas of her practice for her patients. and is one of the leading peptides experts in the world, lecturing throughout the United States, and training & certifying other physicians and providers through her online training, and in-person workshops.

Moreover, she is a fully trained and certified SaJune provider, practicing restorative and regenerative medicine as the only official SaJune affiliate. Using the tools that have been proven at SaJune for 13 years and for over 11,000 patients, she has helped her patients correct and reverse chronic fatigue, insomnia, weight gain, joint point, anxiety, depression, mental fog, pain, and low sex drive—all while reducing or eliminating prescription medications.

Pain management is a branch of medicine employing an interdisciplinary approach for easing suffering and improving the quality of life of those living with chronic pain. A pain management specialist is a doctor who specializes in pain medicine, focusing on the evaluation, treatment, and prevention of pain.

As a testament to her success, Dr. Smith-Fernandez has been the recipient of the Patients' Choice Award (2018, 2017, 2015), Compassionate Doctor Recognition (2018, 2017, 2015), and On-Time Doctor Award (2018).

Learn More about Dr. Heather Smith-Fernandez:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/1867940-Heather-Smith-Fernandez-Anesthesiologist> or through Regenerative Institute of Medicine, <https://drheather.net/about>

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