

Health coach and mother-of-three launches Rebel Nutrition to meet consumer demand for high-potency supplements, USA-made

Today, CEO & Founder of Rebel Nutrition Monika Benoit announced the launch of 12 new products, available on-line.

Hartford, Connecticut Mar 10, 2022 ([IssueWire.com](https://www.issuewire.com)) - When buying a supplement, we assume that what's on the label is what's in the powder, shake, or pill. As a certified health coach and mother-of-three, Monika Benoit was used to questioning ingredients: from the grocery store shelves to the medicine cabinet. When it came to supplements, her suspicions were confirmed by research from physician Pieter Cohen, an associate professor of medicine at Harvard Medical School.

Cohen's recently published paper concerning dietary supplements that contain either prohibited or unlisted ingredients analyzed 17 supplement brands and exposed 9 of them as containing prohibited stimulants. As an adamant advocate of ingredient transparency, Benoit's outrage at the expose fueled the Rebel Nutrition mission: to rebel against the current mediocre standards by providing clean, high-potency supplements made in the U.S.A. in an FDA-approved facility.

Rebel Nutrition supplements are GMP Certified, and 3rd Party Lab Test Certified for purity and potency. They are corn-free, gluten-free, lactose-free, non-GMO, and made with organic ingredients that are sustainably sourced. Rebel Nutrition products are NSF certified, sugar-free, never tested on animals, and inclusive of all people and lifestyles. Products include Organic Ashwagandha, Tribulus, Glutamine powder, Grass-fed Collagen Powder, with 12 products currently available for purchase [online](#).

Monika Benoit's vision is to empower health-conscious consumers by helping them make educated choices when shopping for vitamins and sports supplements. She's condensed over a decade of supplement research into three easy-to-use cheat sheets available for instant access:

www.holisticfitness.online.

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Source : Monika Benoit LLC

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