

Doris Pastore, MD, an Adolescent Medicine Specialist with Adolescent-Young Adult Medicine

Get to know Adolescent Medicine Specialist Dr. Doris Pastore, who serves patients in New York, New York.



New York City, New York Mar 16, 2022 ([Issuewire.com](https://www.issuewire.com)) - A devoted adolescent medicine specialist, Dr. Pastore is affiliated with Adolescent-Young Adult Medicine in New York City, New York. She loves connecting health to the entire person, and addressing the big picture as well as its detailed view. She is passionate about helping individuals and families facing an eating disorder issue sort out

the medical and treatment path that is right for them.

Adolescent-Young Adult Medicine specializes in comprehensive medical care for teenagers and young adults in New York City and beyond. Their population served is unique in that they are one of the few places in NYC where patients receive personalized health care from age 9 up to age 30. It is a private practice geared towards teens and young adults so that they feel well cared for and comfortable.

Graduating summa cum laude from St. John's University and the New York Medical College, Dr. Pastore completed a residency in pediatrics at the Montefiore Medical Center – Albert Einstein College of Medicine. Finally, she completed a fellowship in adolescent medicine at the North Shore University Hospital – Cornell University Medical College.

Passionate about her profession, the doctor is board-certified in adolescent medicine and pediatrics by the American Board of Pediatrics (ABP). The mission of the ABP is to advance child health by certifying pediatricians who meet standards of excellence and are committed to continuous learning and improvement.

Distinguished as a Certified Eating Disorder Specialist, she serves as the Medical Liaison for the International Association of Eating Disorder Professionals, New York Chapter, providing leadership and advancing the understanding of its medical complexities.

Moreover, Dr. Pastore has served on the National Executive Board of the Society for Adolescent Health and Medicine and regional health committees for the American Academy of Pediatrics. As a faculty member of the Icahn School of Medicine, she trained over 20 fellows in Adolescent Medicine.

Adolescent medicine or hebiatrics is a medical subspecialty that focuses on the care of patients who are in the adolescent period of development. This period begins at puberty and lasts until growth has stopped. Adolescent medicine specialists have extra training in the medical and emotional issues that many teens face. They are taught to deal with topics such as reproductive health, drugs, eating disorders, irregular periods, mood changes, questions about sexual identity, problems at home or school, and more.

Recognized as a Regional Top Doctor by Castle Connolly Magazine, Dr. Pastore has been the recipient of the Top Doctor Award by New York Magazine (2017-2021), Top Doctor Award in New York Metro Area (2016-2022), Exceptional Women in Medicine Award (2019-2021), and Super Doctor Awards.

On a more personal note, she lives with her family in Manhattan where her favorite mode of transportation is her vespa.

Learn More about Dr. Doris Pastore:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/82740184-Doris-Pastore-Adolescent-Specialist> or through Adolescent-Young Adult Medicine, <https://ayam-nyc.com/our-doctors/>

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