

Cristin J. Mathew, DO, an Orthopedic Surgeon with All American Orthopedic & Sports Medicine Institute

Get to know Orthopedic Surgeon Dr. Cristin J. Mathew, who serves patients in Houston, Texas.



New York City, New York Mar 3, 2022 ([Issuewire.com](https://www.issuewire.com)) - Get to know Orthopedic Surgeon Dr. Cristin J. Mathew, who serves patients in Houston, Texas.

A board-certified fellowship-trained orthopedic surgeon, Dr. Mathew uses a modern approach to sports

medicine and pain management and welcomes any weekend warrior, little leaguer, or an active adult seeking improved health and well-being to All American Orthopedic & Sports Medicine Institute.

The team of board-certified orthopedic surgeons at All American Orthopedic & Sports Medicine Institute in Houston, Texas, specializes in treating musculoskeletal injuries and diseases for people living in Houston to the Clear Lake and Bay Area. These specialties include sports medicine, hip and knee, foot and ankle, hand and wrist, shoulder and elbow, and pediatric orthopedics. They treat all conditions ranging from acute traumatic injuries to chronic degenerative disorders as well as pediatric congenital spinal deformities. They see patient age groups ranging from infancy to elderly and everything in between. Dr. Mathew focuses on hip and knee conditions and performs minimally invasive joint preservation procedures and muscle sparing robotically assisted joint replacements

Academically, Dr. Mathew began his medical pursuits at the Edward Via College of Osteopathic Medicine. During his time there, he worked closely with Virginia Tech athletes, an experience that fostered his passion for sports medicine. After earning his Doctor of Osteopathic Medicine degree, he completed a residency in orthopedic surgery at Northwell Health Plainview Hospital in. He excelled on staff, earning the title of Chief Resident.

Subsequently, he moved to Houston, Texas, and participated in a year of fellowship training in sports medicine and arthroscopic surgery at Houston Methodist Hospital. As part of this prestigious fellowship, he served on the medical staff of the 2017 World Series Champions Houston Astros. In this position, he trained under many exceptional surgeons and used his sports medicine knowledge to help elite athletes improve their performance on the field.

An authority in his field, Dr. Mathew has written a chapter, several articles, and published videos to educate and train other physicians. He continues to learn and obtain modern innovative techniques to provide his patients state of art treatments.

Continuously advancing his efforts, Dr. Mathew is an active member of the American Academy of Orthopedic Surgeons, the American Osteopathic Academy of Orthopedics, the Arthroscopy Association of North America, and the American Orthopedic Society for Sports Medicine.

In addition to working with athletes in Major League Baseball, he has also served on staff with Rice University Athletics, the Houston Rockets, and the Houston Texans. He is currently the team physician for the Houston Athletic Rugby Club, as well as several local schools.

Orthopedic surgery is the branch of surgery concerned with conditions involving the musculoskeletal system. Orthopedic surgeons use both surgical and non-surgical means to treat musculoskeletal trauma, spine diseases, sports injuries, degenerative diseases, infections, tumors, and congenital disorders.

Learn More about Dr. Cristin Mathew:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/81465883-Cristin-Mathew-Orthopedist> or through All American Orthopedic & Sports Medicine Institute, <https://www.aaortho.com/provider/cristin-mathew-do>

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