

## Choose: Veneers vs Braces | Enhance Dental Centre - Vancouver

Porcelain veneers and braces can be used to rectify orthodontic issues. Read along to see which option suits your needs.



**Vancouver, British Columbia Mar 30, 2022 ([Issuewire.com](https://www.issuewire.com))** - Misaligned or crooked teeth can take the life out of your smile. Let's not even talk about the dental health problems that arise from having crooked teeth, such as gum disease and tooth decay. Despite such issues, our [dentist in Vancouver, BC](#) has made it possible for you to enjoy your smile by offering veneers or braces to correct orthodontic issues.

However, braces and veneers are worlds apart in terms of what they are and how they operate. The only similarity is that they can drastically alter your smile. In either scenario, there are advantages and disadvantages that you need to consider. So, it begs the question, are braces better than veneers? Read along to find out!

### About Veneers

[Veneers in Vancouver](#) are a common and versatile treatment in cosmetic dentistry. These custom-made ultra-thin shells are designed to cover blemished teeth. Picture them as the clip-on nails that are placed on nails to enhance their appearance. They are tooth-colored and match the rest of your pearly whites.

They can be placed over discolored, cracked, chipped, or irregularly shaped teeth. The number of veneers you will need will be determined by the number of teeth that need to be revamped.

Placing veneers is a simple procedure. Your teeth will be prepped by shedding off some of the enamel to accommodate the veneers. This will ensure that the veneers don't become bulky on the teeth. It's just a few appointments; your smile will be as good as new. With proper care, they can last for close to a decade.

### About Braces

On the other hand, braces are designed to cater to structural issues. Braces have been associated with kids and teenagers for a long time because adults didn't like having a mouth full of wires. However, orthodontic treatment has evolved, and now there are different types of braces, such as:

- **Ceramic braces** - which are just like metal braces, but they are tooth-colored, so they are less conspicuous
- **Traditional braces** which are made from stainless steel
- **Lingual braces** are similar to metal braces, but they are placed on the inside
- **Aligners** are fashioned from clear plastic and are removable. They are convenient and virtually invisible and still get the job done. So, you can also choose our dentist to get [Invisalign in Vancouver, BC](#).

The type of braces that our dentist in Vancouver would recommend would depend on the severity of your issue, the structural issues encountered, your preference, and your budget.

## Porcelain Veneers vs Braces

In a nutshell, veneers near you are considered a cosmetic dental treatment, whereas braces are viewed as a structural dental treatment. In other words, braces can be used to correct anatomical dental issues such as an overbite, underbite, crossbite, etc.

On the other hand, veneers are versatile and can fix chips, stains, discoloration, small spaces between teeth and encase crooked teeth.

## What's Better, Braces or Veneers?

Trying to figure out the better choice can be tricky since both treatments can straighten crooked teeth. Therefore, let's check out their pros and cons.

## Porcelain Veneers

Before veneers are placed, your teeth need to be filed down. Enamel cannot grow back, so getting dental veneers is a permanent decision. They will always need to be affixed to ensure that the underlying tooth will not show. Also, if there is little space between your teeth, it could be challenging to fit them since every tooth would need a thicker veneer to get the desired results.

On the other hand, veneers rectify lots of issues, including chips, cracks, and discoloration. You will need a few dental appointments to get your issues sorted out. Dental veneers are tooth-colored, and you will not have to worry about changing them.

## Braces

You don't need to worry about your pearly whites being filed down when you get braces. Your teeth will remain intact after the procedure. They correct orthodontic issues, which will improve your dental health. Braces will move your teeth to their new position alleviating issues that come with malocclusion. They are effective when dealing with severe orthodontic issues.

However, the treatment time can be long and can even take 24 months. Then, you will need to wear a retainer a few months after finishing treatment to ensure that your pearly whites stay in the new position. Also, some people don't like the appearance of braces, even though there are clear aligners.

## The Takeaway

It is all about the severity of your case. Veneers are considered an excellent alternative to braces if

whatever you need to solve is mild, or you are going for a cosmetic alteration. However, braces are the best choice if your case is moderate to severe.

In any case, visit our dentist at Enhance Dental Centre - Vancouver if you need to see what option suits you best.



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