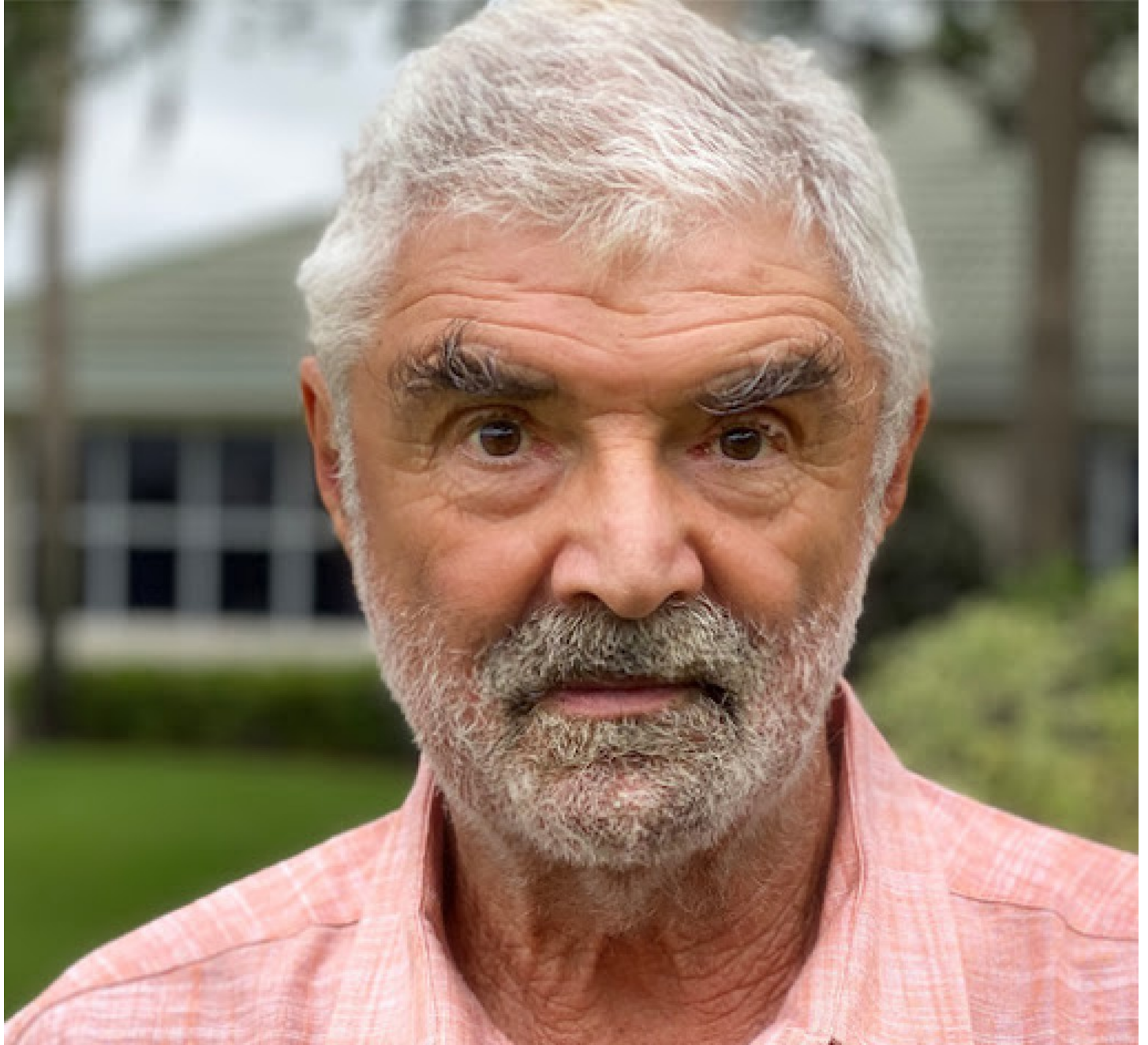


Andrew Ferber, MD, aka Swami Anand Bodhicitta: a Psychiatrist with Chrysallis Wellness Center and Myself Wellness Center

Get to know Psychiatrist Dr. Andrew Ferber, who serves patients in Florida



New York City, New York Mar 25, 2022 ([Issuewire.com](https://www.issuewire.com)) - Dr. Ferber, aka Swami Anand Bodhicitta, is an established psychiatrist with over 60 years of experience. He is the Medical Director of both the Chrysallis Wellness Center in Fort Myers, Florida, and the Myself Wellness Center in Bonita Springs, Florida.

Chrysallis Wellness Center was established in 2020, due to the founding members' desire to provide

services to the most vulnerable families and individuals in Southwest Florida. It proposes to serve the Southwest Florida community by providing high-quality mental health services that address the whole person through high-quality treatment on a behavioral, social and spiritual level.

Providing services to patients of all ages, Dr. Ferber specializes in family therapy, crisis intervention, PTSD, autism, ADHD, depression, geriatric psychiatry, conscious dying, and death. He provides individual psychotherapy and pharmacotherapy (both short and long-term, usually intensive), and works with patients in both inpatient and outpatient settings.

Seeking to improve and/ or optimize lives and environments, his group experience includes couples, families, work and family networks, intensive therapy groups, onward management groups, staff groups of virtually every size, and training workshops with up to 2000 participants. He has also worked as an energy therapist and c.m.o. of the psychiatric crisis team at the Osho Commune in India for four years. He and his wife Carolyn have led groups and workshops in Europe, India, Japan, and many places in the USA. He has consulted for departments of psychiatry, training and research programs, wards, schools, senior citizens facilities, and more.

A retired associate professor of psychiatry & director of the family studies section at AECOM, Dr. Ferber has helped to develop one of the largest and most successful family therapy training programs to date. His special gifts are;

He sees each patient, trainee, and colleague as a unique individual, a friend, and fundamentally the same as himself;

He can see the common underlying principles and structures in seemingly diverse descriptions of the subject. Love is the healing force, whatever the packaging. He can put well-understood beautiful words on what was previously “esoteric” or “technical” concepts.

He has also taught and supervised the spectrum from chronic psychotics to so-called normals to advanced spiritual seekers, becoming a mentor, guide, and friend to staff wherever he works.

For four years, he served as a senior psychiatrist at Elite DNA Therapy Services in Fort Myers. He saw several thousand patients; supervised many ARNPs, therapists, and other staff; participated in program and staff development, and helped the organization grow from 20 to 200 staff members. He also learned much about contemporary mitochondrial medicine, genetics and mental illness, and contemporary holistic psychiatry, as well as became quite experienced with ADHD, autism spectrum disorder, and PTSD in addition to the range of psychiatric problems that the aging south Florida population bears. He already knew about PTSD from working in 3 VA hospitals and many hospitals in rural America where wife abuse and the desperate use of drugs made him intimately familiar with thousands of Americans of all ages.

Myself Wellness is a unique clinic in Bonita Springs FL [Address](#): 3541 Bonita Bay Blvd #200, Bonita Springs, FL 34134, ph.239-908-9958. We specialize in empowerment-based psychedelic healing with ketamine, medical marijuana, and NAD+. We assist people's intention to heal and transform ourselves, each of us a unique individual and yet simultaneously all one. We provide a profound and loving healing organism to assist people in letting go of unnecessary habits and traumas and to embrace the beauty and majesty of each moment.

Likewise, he served as consultant psychiatry at The Center for Progress and Excellence, supervising and consulting for a team of 40 crisis workers who do psychiatric crisis work in Collier, Lee, Hendry, and

Charlotte counties. He revisited and updated 60 years of crisis work, understanding how the crisis is really both a danger and an opportunity.

Back in 1959, Dr. Ferber graduated with his medical degree from Columbia University Vagelos College of Physicians and Surgeons in New York. He then went on to perform his internship at Michael Reese Hospital and Medical Center, followed by his residency in psychiatry at NYC Health + Hospitals/Jacobi. Immediately after his residency, he became director of the Family Studies Section, under the mentorship of Israel Zwerling at AECOM. The family Studies section was the best family therapy training program in the world. Totally eclectic, graduates of all the leading schools of family therapy were on the staff. The essence was to empower each trainee to become his unique kind of therapist, and yet know the underlying principles.

Providing the best possible care to his patients, the doctor is board-certified in psychiatry by the American Board of Psychiatry and Neurology (ABPN). The ABPN is a not-for-profit corporation dedicated to serving the professions of psychiatry and neurology.

Throughout Dr. Ferber's career has been focused on innovative program design in therapy, training, and research. His administrative experience includes management of acute and chronic inpatient services, emergency rooms and emergency crisis teams, community support programs, family therapy, community psychiatry training programs, and several research teams where he was the senior investigator. He has come to know that the being, the spiritual maturity of the healer is fundamental, what he knows and does are less important in the healing ceremony.

From 2018 until 2020, he saw over 400 patients at Liberate Florida (now called Emerald Medical Center), which is a medical cannabis clinic in Naples. Impressed by the results, he learned a new dimension of trauma treatment. This blossomed into the Myself Wellness center.

Alongside his wife, Dr. Feber leads several workshops for 6 days straight on 'Conscious Death, Conscious Life' in San Diego, California; Seattle, Washington & Mysore, India. He is experienced in the ability to provide whatever initiations and guidance are needed by a wide variety of unique individuals from four continents.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and evaluate treatment results.

Among Dr. Ferber's research efforts include: research in fields of psychopharmacology, psychophysiology, infant development, epidemiology of mental illness, reliability of intra-informant reports, the outcome of voluntary sterilization, role function and communication in families of schizophrenics, human ethology and territoriality, population epidemiology of all illnesses in three African villages, the prevalence of hypertension, the natural history of alcoholics and their families, and last but not least, posttraumatic stress disorder in veterans. Author *The Book of Family Therapy*; *Balancing Man on Finite Earth*;

Having been practicing meditation for 50 years, he has healed people and taught meditation on five continents. He received the Bardo Teachings (how to live and die consciously, how to get the best possible rebirth) from the highest Tibetan lamas, and he was empowered to transmit them to all people and modify them to fit the modern man. He is the Director of The Osho Institute for the Art of Living and

Dying.

Learn More about Dr. Andrew Ferber:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/999556-Andrew-Ferber-Psychiatrist> or through Chrysallis Wellness Center, <https://chrysalliswellnesscenter.org/dr-andrew-ferber-md-aka-swami-anand-bodhicitta>

<https://myselfwellness.center/>

<http://www.oshobardo.com/>

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