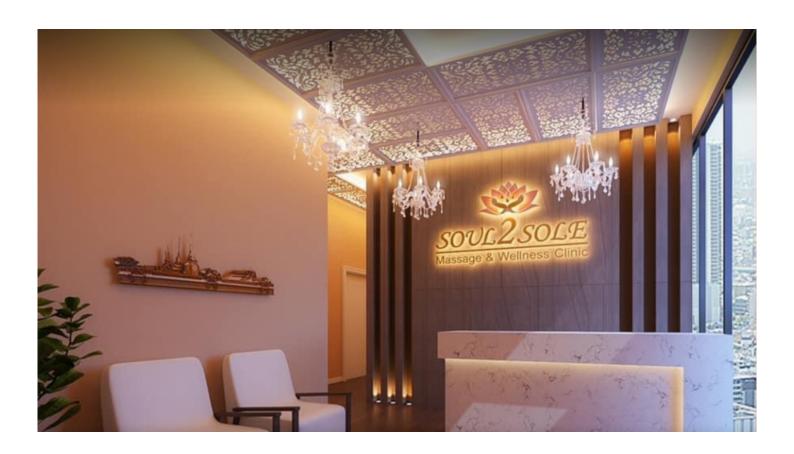
Soul2Sole Massage - Popular Thai Massage Studio just opens in St. Albert



Edmonton, Alberta Feb 23, 2022 (Issuewire.com) - Citizens of the city of St. Albert can look forward to a brand new massage facility, Soul2Sole Massage Studio. The Edmonton-based Thai massage and wellness center is marking its third Albertan location on 13 Inglewood Dr, St. Albert.

The location has had its grand opening earlier this year and gives St. Albertans a new place to look forward to for rest, relaxation, and rejuvenation.

"A soothing massage is just something everyone needs to relax and release stress, especially during this uncertain time with the pandemic and rising inflation," says R.M.T. JelRasri, a renowned Thai massage instructor and practitioner for over 20 years.

The new location located by Staples in St. Albert is a newly renovated facility with a beautifully decorated interior and calming presence. Inspired by both traditions with modern elements. The interior has Thai decorated ceilings and art pieces with wooden floors, marble, and modern furniture pieces. Chandeliers hang from the ceiling, and soft relaxing nature music plays in the background to transport you to a different dimension.

There are currently seven massage therapists working at this location with services including deep tissue massage, hot stone massage, reflexology, myofascial cupping, prenatal massage, and sports massage.

Who benefits from a Thai Massage?

Traditional Thai Massage is a massage technique dating back 7,000 years and is recommended for those with physical and mental health conditions. The traditional Thai massage technique utilizes a gentle stretching technique that relaxes your muscles and loosens your knots. The technique is useful for those looking to prevent symptoms of numerous health problems from taking root. These include stress relief, headaches, poor blood circulation, and muscle fatigue.

"I have been going to Soul 2 Sole Massage Millwoods for several years, and it has been very beneficial for my treatment of chronic stress injuries from tennis and golf, and I am super excited to have this new location much closer to home," said David, one of the V.I.P. members at the grand opening.

The grand opening ceremony at Soul2Sole Massage in St. Albert was on Jan 9th, 2022.

It held a demonstration for Thai Massage services for all the guests in addition to food and drinks at the venue.

You can book an appointment at Soul2Sole Massage studio through their website and online booking system (JaneApp). Rates range depending on the service and duration and go from \$65 to \$200 per session with direct billing available through Telus Health.





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Source: Soul2Sole Massage Studio

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