

Mära S. Kevan, DACM, an Acupuncturist with MAR Acupuncture and Medical Center

Get to know Acupuncturist Dr. Mara S. Kevan, who serves patients in Saint Petersburg, Florida.



New York City, New York Feb 7, 2022 ([Issuewire.com](https://www.issuewire.com)) - Dr. Kevan is a licensed acupuncturist and

Chinese herbalist working with patients at her private practice - MAR Acupuncture and Medical Center - in Saint Petersburg, Florida. With the role as a healthcare gatekeeper, she enjoys working with and referring to other practitioners and specialists so that patients receive the most comprehensive, well rounded care.

As an educated scientist, empathic healer, & practitioner of evidence based medicine, her goals are to: provide efficacious acupuncture & traditional Chinese medicine; empower patients to obtain long-lasting wellness; integrate allopathic & alternative medicines via collaboration with healthcare providers of multiple modalities; offer the St. Petersburg community the most optimal, well-rounded, streamlined, loving, & evidence informed healthcare.

As a primary care physician, Dr. Kevan provides treatment of routine injuries, illnesses and focuses on preventive care. She offers integrated, accessible health care and is accountable for addressing a large majority of personal health care needs, developing sustained partnerships with patients, and practicing in the context of family and community.

Educated in the United States, she graduated cum laude with her Bachelor of Arts degree in Spanish from the University of Vermont in 2000. Her first exposure to acupuncture was seeking treatment for my low back which was in muscle spasm. She went to an acupuncturist and after the first visit, her pain level was lower and she was mobile. After just three visits, her pain level was at zero and she was back at work, traveling and exercising.

Subsequently, Dr. Kevan attended Five Branches University and graduated magna cum laude with her Master of Science degree in Traditional Chinese Medicine (MSTMC) in 2011, and then went on to graduate magna cum laude with her Doctor of Acupuncture and Chinese Medicine degree (DACM) from the Pacific College of Oriental Medicine in 2018.

An authority in her field, the doctor is actively state licensed by the Florida Acupuncture Board, the California Acupuncture Board, the Oregon Medical Board, and nationally board certified by the NCCAOM.

Continuously advancing her efforts, she is a proud member of the Florida State Oriental Medical Association, the California State Oriental Medical Association, the American Association of Chinese Medicine and Acupuncture, and the Oregon Association for Acupuncture and Oriental Medicine.

In addition to practice, Dr. Kevan is a medical professor at the Pacific College of Oriental Medicine, teaching via a live, online platform: US Healthcare Policy and Systems Based Medicine. She has also collaborated in hospitals to integrate Chinese medicine with allopathic medicine, such as the St. Charles Hospital's Palliative Care Department and the Cancer Center's Integrative Therapies Department.

Acupuncture is a form of holistic medicine and a key component of Traditional Chinese Medicine. It is a technique in which thin needles are inserted into the body and in some cases, electro-stimulation is applied to gently stimulate particular regions of the body. Acupuncture is also used to maintain general health and well-being. Acupuncturists treat a variety of health concerns including women's health & fertility, autoimmune disorders, digestive disorders, joint & muscle pain, insomnia, and emotional concerns such as stress management, anxiety & depression.

In addition to Chinese medicine, she loves all forms of athletics and outdoor play, spending time with friends & family, adventuring with her fur-baby, organic living, traveling, going to music events, meditation, and community outreach.

Learn More about Dr. Mära S. Kevan:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/1639649-Mara-Kevan-Acupuncturist> or through MAR Acupuncture and Medical Center, <https://maracupuncture.com/about/>

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Source : Mära S. Kevan, DACM

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