

Matthew Murrin, DC, BSC, KIN, CFC, CEP, a Chiropractor with Chiropractic USA

Get to know Chiropractor Dr. Matthew Murrin, who serves patients in Mount Pleasant, South Carolina.



New York City, New York Feb 11, 2022 ([IssueWire.com](https://www.IssueWire.com)) - As a Professional Fitness and Lifestyle Consultant (PFLC), a Certified Fitness Consultant (CFC), and a Certified Exercise Physiologist (CEP), Dr. Murrin sees professional athletes from the NFL and UFC, college basketball teams, and Olympic gymnasts and swimmers at Chiropractic USA in Mount Pleasant, South Carolina.

An active athlete and former bodybuilder with a certification in Exercise Physiology, Dr. Murrin is well-qualified to assist those who wish to return safely from an injury without being sidelined from their sport, or simply reach the greatest possible performance levels.

Chiropractic USA deals with more than just the traditional pain associated with chiropractic treatment. The goal of the office is to educate and adjust as many families as possible towards optimal health through natural chiropractic care.

A native of Newfoundland, Canada, Dr. Murrin graduated magna cum laude from Palmer College of Chiropractic in Davenport, Iowa in 2006. With bachelor's and master's degrees to complement his Doctor of Chiropractic degree, he entered practice in Indianapolis, Indiana. It was there that he first became recognized as an elite athlete chiropractor, working with professional athletes like the Indianapolis Colts, UFC fighters, Olympic athletes, and college athletes.

Two years later, he made a move to the Charleston area, acquiring Chiropractic USA in Mount Pleasant. Since then, he has had the pleasure and privilege of serving the community with natural health care solutions that focus on total wellness in body and mind. He is the first wellness professional in Mount Pleasant to be certified in Active Release Techniques®, which can give a boost to people recovering from biomechanical injuries.

With a full-body approach to health, Dr. Murrin puts his years of education and expertise at the disposal of each of his patients. He is a Presidential Scholar and on the Sports Council at Palmer College of Chiropractic; an Instructor of the Physical Therapy elective course at Palmer College and President of Pi Tau Delta and the International Chiropractic Honor Society; a Professor of Skeletal Muscle Physiology and Hypertrophy, Lab Instructor for Human Physiology, and President of the Master's Program at the University of New Brunswick.

To give back, he supports Lowcountry Orphan Relief and is a member of The Mount Pleasant Business Association.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo, and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

In his spare time, Dr. Murrin loves riding his Harley, working out, boating, going to the beach, playing basketball, travelling, and spending time with his friends. With a belief that knowledge is power, he attends many seminars each year to learn more. He also returns home to Newfoundland whenever he can.

Learn More about Dr. Matthew Murrin:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1638975-Matthew-Murrin-chiropractor-Fishers-IN-46038> or through Chiropractic USA, <https://www.chiropracticusasc.com/about-us>

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