

Lourdes L. Herrera, PsyD, a Licensed Clinical Psychologist with the International Center For Human Relations

Get to know Licensed Clinical Psychologist Dr. Lourdes L. Herrera, who serves patients in Miami, Florida.

New York City, New York Feb 21, 2022 ([IssueWire.com](https://www.issuewire.com)) - As a licensed clinical psychologist, Dr. Herrera specializes in the treatment of health mental problems, and helps individuals to cope with their mental illnesses. She practices at the International Center For Human Relations in Miami, Florida, where she holds expertise in child and adolescent psychiatry.

A Diplomate of the American Board of Medical Psychotherapists and Psychodiagnosticians, she holds additional certification as a Certified School Psychologist and certification in Psychopharmacology from the American Society for Clinical Pathology. She is also an active member of the National Association of School Psychologists and the Dade Association of School Psychologists.

Attributing her success to her personal drive and motivation for human development, Dr. Herrera came from Cuba to the United States with nothing but the support of her family and her drive to help people.

Upon embarking on her professional journey, she completed her undergraduate degree at the California State University, Long Beach where she graduated with a Bachelor of Arts degree in Psychology in 1971. Furthering her education, she graduated from Barry University with a Master of Science degree in Counseling in 1979. This was followed by a Master of Science degree in Psychology and a Doctor of Psychology degree from the Carlos Alves – Instituto Superior Técnico in 1984, giving Dr. Herrera over four decades of experience in her field.

Clinical psychology is a broad branch of psychology that focuses on diagnosing and treating mental, emotional, and behavioral disorders. Some of the more common disorders that might be treated include mood disorders like depression, anxiety, or bipolar disorder, in addition to trauma-influenced problems such as personality disorders and behavioral difficulties like eating disorders. Licensed clinical psychologists meet with patients to identify problems - emotional, mental, and behavioral - occurring within their lives. Through observation, interviews, and psychological tests, they aim to diagnose any existing disorders or difficulties for their patients.

Learn More about Dr. Lourdes L. Herrera:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/81570392-Lourdes-Herrera-Psychologist>

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Source : Lourdes L. Herrera, PsyD

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