

Jo-Ann Andrews, MA, LMHC, a Marriage and Family Therapist in Private Practice

Get to know Marriage and Family Therapist Dr. Jo-Ann Andrews, who serves patients throughout the State of Rhode Island.



New York City, New York Feb 15, 2022 (Issuewire.com) - Dr. Andrews is a licensed marriage and family therapist currently serving patients in private practice, with offices in Woonsocket and Warwick, Rhode Island. She specializes in trauma-focused treatment for a wide range of issues, including bereavement, divorce, adoption, foster care, autism spectrum disorders, developmental disabilities, co-

parenting, and mood disorders.

Having worked for a variety of non-profit community-based programs providing treatment for families, she is committed to family, school, and community engagement. Among her many therapeutic modalities, she utilizes meditation, wellness practices based on creating balance and limiting stress, and positive psychology. She also facilitates the development of positive mental health and well-being.

In regards to her educational background, Dr. Andrews obtained a Doctor of Education degree from Johnson and Wales University and has an EBD in the Ph.D. clinical counseling program from Capella University. She is a graduate of Providence College, where she earned her Master of Arts degree in Pastoral Counseling and Guidance Counseling. She completed her undergraduate studies at Rhode Island College, where she received her Bachelor of Arts degree in Psychology, and at The University of Steubenville, where she earned her Bachelor of Arts degree in Theology.

Certified as a Licensed Mental Health Counselor, she is an active member of the Association of Rhode Island Authors, and the National Book Association + National Authors Association.

Among her philanthropic initiatives, Dr. Andrews has her own non-profit called Jennie's Legacy of Love and is the author of two self-help books, *Ryan's New Beginnings* and *The Mindfulness of Nature*.

A mental health counselor or licensed professional counselor provides support and guidance to individuals to promote social, emotional, and cognitive wellness. Such persons may help individuals deal with issues associated with addiction and substance abuse, family, parenting, and marital problems, stress management, self-esteem, and aging.

On a more personal note, Dr. Andrews lives on a New England farm with her husband, children, and animals. She attributes her success to learning how men treat their wives, seeing dysfunctional relationships, and changing generational violence and bad patterns.

Learn More about Dr. Jo-Ann Andrews:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/82028804?zipcode=02825>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Jo-Ann Andrews, MA, LMHC

[See on IssueWire](#)