

Barbara E. Meyer, MD, a Family Physician with Atrium Health Primary Care One Health Family Medicine & Urgent Care

Get to know Family Physician Dr. Barbara E. Meyer, who serves patients in Huntersville, North Carolina.



New York City, New York Feb 11, 2022 ([Issuewire.com](https://www.issuewire.com)) - A devoted family physician, Dr. Meyer is affiliated with Atrium Health Primary Care One Health Family Medicine & Urgent Care in Huntersville, North Carolina. She specializes in primary and preventive care for newborns through adults, hypertension, diabetes, obesity, and depression.

"I want patients to feel comfortable in sharing their emotional and physical concerns in a non-threatening and non-judgmental environment. I always hope to play a supportive role in a patient's well-being. By incorporating a team approach and providing care with evidence-based healthcare guidelines, I hope to assist patients in making the healthiest lifestyle choices" expressed Dr. Meyer.

In regards to her educational background, she originally wanted to become a pediatrician but realized after several rotations in all areas of medicine that she enjoyed adult medicine as much as pediatrics. Seeing a variety of ages, genders, and health issues throughout the day makes every encounter interesting and unique for her. She received her medical degree at Eastern Virginia Medical School, and completed her residency in family medicine at the Atrium Health Carolinas Medical Center.

Subsequent to her education, the doctor attained board certification in family medicine through the American Board of Family Medicine (ABFM). The ABFM is a non-profit, independent medical association of American physicians who practice family medicine and its sub-specialties.

Family medicine is a medical specialty devoted to comprehensive health care for people of all ages. The specialist is called a family physician or family doctor. A family physician is often the first person a patient sees when seeking healthcare services. They examine and treat patients with a wide range of conditions and refer those with serious ailments to a specialist or appropriate facility.

Recognized as a Regional Top Doctor by Castle Connolly Magazine, Dr. Meyer has been the recipient of the Top Doctor Award by Charlotte Magazine (2021, 2013), Patients' Choice Award (2018, 2015, 2014, 2012), Compassionate Doctor Recognition (2014, 2012), On-Time Doctor Award (2014).

Outside of work, she loves spending time with her husband, Tom, and 3 sons, Jake, Sam, and Ben, and their labrador, Fred. She enjoys long-distance running and has run several half marathons. She also loves traveling, photography, reading, and weekly volunteering as a classroom assistant in an inner-city elementary school.

Learn More about Dr. Barbara E. Meyer:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/1248259-Barbara-Meyer-Family-Practitioner> or through Atrium Health Primary Care One Health Family Medicine & Urgent Care, <https://atriumhealth.org/provider-profile/barbara-meyer-1629060520>

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