

Weightlifting Coach to Olympians and National Champions to Contribute to SportsEdTV

Spencer Arnold Coached USA National Women's Team to Consecutive National Titles



Miami, Florida Jan 3, 2022 (IssueWire.com) - [SportsEdTV](#) has added to its blue-ribbon array of coaching contributors by adding Power and Grace Performance founder as a senior contributor.

"We're proud to have Spencer, trainer of national champions, American record holders, Pan American medalists, and Olympic athletes as a senior contributor to our audience segments interested in weightlifting and strength and conditioning," said Robert Mazzucchelli, Founder, and Chairman, [SportsEdTV](#).

Arnold's women's team has won back-to-back USA Weightlifting National Team titles in 2020 and 2021. He was named a USAW Coach of the Year and holds the USAW Senior International Coach classification.

"As a weightlifting athlete himself, Spencer medaled at several national events and was a member of the USA World University Team, added Victor Bergonzoli, CEO [SportsEdTV](#).

Coach Spencer Arnold's [Power and Grace Performance](#), is a Suwanee, GA-based program dedicated to improved strength and conditioning, with a specialization in preparing competitive weightlifters.

About [SportsEdTV](#): [SportsEdTV](#) exists to help athletes, coaches and parents LEARN, WIN, and CELEBRATE. We don't expect everyone who uses our learning tools to become a world champion - that's not our mission.

We do expect people who use our educational resources to become their champion, by whatever definition they view success in their chosen sport. For some, success is making the varsity team, for others, it's becoming country champion, and for others still, it may simply be gaining proficiency at a sport that offers a lifetime of fun and fitness. "

To us, no matter your aspirations in sport, if you are striving to improve, you are winning! As a leading sports education media company, we provide FREE video and blog content to anyone in the world with an internet connection.

We also offer a global online community, where athletes, parents, and coaches can interact, connect, chat, share content and find new friends. [SportsEdTV](#) videos feature coaching from world-class coaches and athletes - many of whom are or have coached world champions - and have been watched by viewers in every country in the world.

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