

Therapist Emily Giorgio joins Sun Point Wellness Counseling Center in Lancaster



Lancaster, Pennsylvania Jan 17, 2022 ([Issuewire.com](https://www.issuewire.com)) - [Sun Point Wellness Center](#) is proud to announce the addition of Licensed Marriage & Family **Therapist Emily Giorgio** to their growing team of qualified counselors. Emily holds a Masters's degree in Marriage & Family Therapy; she is also a Licensed and Certified Marriage & Family Therapist (including counseling for children & teenagers), Trauma Informed Counselor, and Ecosystemic Structural Family Therapist.

Emily is a mental health counselor who provides therapy in the most welcoming of manners, working to ensure that her clients feel comfortable and safe during their sessions. With years of experience providing systemic therapeutic services, she has served many clients with great success; making sure every person gets what they need from counseling as quickly as possible, without judgment or prejudice. She specializes in the culturally competent treatment, LGBTQ+ affirming therapy, and couples counseling.

“Emily integrates an active therapy while holding space for clients who want private consultations on sensitive topics,” said CEO of Sun Point Wellness Laura Morse. “Emily’s strength-based approach to meeting a client’s goals helps keep things simple, while still being effective at getting results.”

With an emphasis on empowering others to face their problems head on without fear or shame, Emily employs compassion, empathy, and curiosity for client treatment. These qualities allow one not only to understand another person's thoughts but also experience them first hand so that deeper healing can take place.

With a mission to help each client heal quickly by dealing with their mental health issues, Emily Giorgio offers flexible schedules and a safe environment for clients of all types. She treats a wide range of issues - from everyday difficulties involving anxiety or depression to issues affecting people's lifelong stability, such as attention deficit hyperactivity disorder(ADHD), obsessive compulsive disorder (OCD) treatment, and major depressive disorder (MDD).

“I am honored to support individuals, couples, and families as they seek to make changes in their lives,” said Emily Giorgio. “I commit to creating a safe space for clients to fully realize their strengths and overcome past traumas.”

Emily Giorgio and the counselors at Sun Point Wellness Center have experience in marriage and family counseling and are highly qualified, licensed, and insured. Clients can feel comfortable talking about past experiences so that they can live their present lives free of fear, depression, and anxiety. They offer a complimentary phone consultation to give clients an opportunity to determine if **therapy** would be helpful. Visit <https://www.sunpointwellness.com> for a free consultation with one of their experts.

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Source : Sun Point Wellness Center is a warm and welcoming place for those seeking therapy. Therapists at Sun Point believe that every person's needs are unique, which means they will work with clients to understand them at an individual level as well as provide high-quality counseling services, whether it's through group, family or one-on-one therapy sessions.

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