

Manny P. Silis, MD, an Internist with Franconia Internists PC

Get to know Internist Dr. Manny P. Silis, who serves patients in Alexandria, Virginia.



New York City, New York Jan 25, 2022 ([IssueWire.com](https://www.issuewire.com)) - Recognized as a seasoned professional with over three decades of experience, Dr. Silis sees patients at Franconia Internists PC in Alexandria, Virginia. His practice focuses on wellness and preventive care in addition to all aspects of primary care.

“My goal as your personal doctor is to partner with you to provide the best healthcare experience possible and keep you well. I will work with you at each step to help you make informed decisions toward achieving your goals – whether it’s lowering risks for cardiovascular disease, dementia, and cancer, improving your overall fitness and well-being, or living a healthy and happy life. As one of the few family medicine doctors in the DMV area offering this personalized healthcare approach, similar to concierge medicine, I provide a level of care that can help you personally navigate through the complexity of today’s healthcare system” expressed Dr. Silis.

In his clinical practice, he remains affiliated with several hospitals in the local area, including Inova Alexandria Hospital, Inova Mt. Vernon Hospital, and Fairfax Hospital.

The doctor’s acclaimed career in medicine began after he earned his medical degree from the Chicago Medical School of the Rosalind Franklin University of Medicine and Science in 1991. He then went on to complete his internship and residency in internal medicine at George Washington University in 1992 and 1994, respectively.

Following his education, Dr. Silis became board-certified in internal medicine by the American Board of Internal Medicine, a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world. In addition, he attained membership status with the American College of Physicians and the American Medical Association.

Internal medicine is the medical specialty dealing with the prevention, diagnosis, and treatment of adult diseases. Physicians specializing in internal medicine are called internists. They manage and prevent common and complex diseases by providing comprehensive care and promoting overall well-being.

Fluent in both English and Greek, Silis’ interests outside of medicine include playing the guitar and traveling.

Learn More about Dr. Manny P. Silis:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/568355-Manny-Silis-Internist> or through MDVIP, <https://www.mdvip.com/doctors/mannysilismd>

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