

Jon Querequencia, PT, a Physical Therapist with Brooklyn Health Physical Therapy

Get to know Physical Therapist, Jon Querequencia, who serves patients in Brooklyn, New York.



New York City, New York Jan 14, 2022 ([Issuewire.com](https://www.issuewire.com)) - Jon is a compassionate physical therapist with strong interpersonal skills proudly serving the community of New York City at Brooklyn Health Physical Therapy. He specializes in treating a wide variety of orthopedic conditions and injuries including low back pain, neck pain, osteoarthritis, rotator cuff injuries, knee and ankle injuries as well as

other musculoskeletal conditions.

He relies on manual therapy techniques and neuromuscular re-education to maximize translation to functional movement patterns. He maintains a calm and positive attitude as he works alongside his patients on their recovery journey. He uses customized training plans and is deeply committed to delivering the highest quality care possible to achieve the most optimal patient outcomes.

Jon believes that establishing a good rapport with his patients is an essential part of providing accurate evaluations and implementing the latest evidence-based practices that are accurately tailored to suit each individual's needs.

Pertaining to his educational pursuits, he graduated with his Bachelor of Science degree in Physical Therapy from Velez College in the Philippines in 2017. He holds certifications in Basic Life Support (BLS) and Cardiopulmonary Resuscitation (CPR).

Physical therapy (PT), also known as physiotherapy, is one of the allied health professions that, by using evidence-based kinesiology, electrotherapy, shockwave modality, exercise prescription, joint mobilization, and health education, treats conditions such as chronic or acute pain, soft tissue injuries, cartilage damage, arthritis, gait disorders, and physical impairments typically of musculoskeletal, cardiopulmonary, neurological, and endocrinological origins. Physical therapy is used to improve a patient's physical functions through physical examination, diagnosis, prognosis, physical intervention, rehabilitation, and patient education. It is practiced by physical therapists (known as physiotherapists in many countries).

Learn More about Dr. Jon Querequencia:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/82740432-Jon-Querequencia-Physiatrist-Physical-Medicine> or through Brooklyn Health Physical Therapy, <http://brooklynhealthpt.com/meet-our-team/>

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Source : Jon Querequencia, PT

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