

Ankur Bindal, MD, MPH, FAPA, FAASM, is a Psychiatrist, CEO, Co-founder, and President of KAB Medical Group Inc dba KMG P

Get to know Psychiatrist, Dr. Ankur Bindal, who treats patients in California



New York City, New York Jan 20, 2022 ([IssueWire.com](https://www.issuewire.com)) - Dr. Bindal is a board-certified psychiatrist and certified sleep medicine practitioner who welcomes patients at KAB Medical Group Inc. in San Diego and Los Angeles, California. He is the CEO, co-founder, and president of KAB Medical Group Inc. He is also a SAMHSA buprenorphine prescriber, where SAMHSA stands for the Substance Abuse and Mental Health Services Administration.

“Dr. Bindal practices a comprehensive approach to psychiatric treatment. From medication management and cognitive-behavioral therapy (CBT) to sleep medicine and transcranial magnetic stimulation (TMS), his goal is to help his patients lead productive, healthy lives”, states the official website of KAB Medical Group Inc.

Dr. Bindal acquired his medical degree in 2003 at Government Medical College in Chandigarh, India, his native country. He relocated to the United States, where he obtained a Master of Public Health degree from the University of North Texas Health Science Center. Following the completion of his residency training at the University of Mississippi Medical Center in Jackson, Mississippi, Dr. Bindal joined the Department of Neurology at the University of Michigan in Ann Arbor, Michigan, where he completed his sleep medicine training.

Dr. Bindal became board-certified in psychiatry by the American Board of Psychiatry and Neurology. He is a Diplomate of the American National Board of Public Health Examiners (NBPHE) and Diplomate of the American Board of Psychiatry and Neurology (ABPN). Moreover, he is a Fellow of the American Psychiatric Association and a Fellow of the American Academy of Sleep Medicine.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions.

Furthermore, Dr. Bindal earned several awards throughout his career, including the American Society of Clinical Psychopharmacology/National Institute of Mental Health Clinical Scholars Travel Award, the Diversity Leadership Fellowship Award by the American Psychiatric Association, and the Ed Draper Outstanding Senior Resident Award. Over the years, he has presented extensively at national conferences and is represented on Graduate Medical Education (GME) committees.

Learn more about Dr. Ankur Bindal:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1234202-Ankur-Bindal-Psychiatrist>, or through KAB Medical Group Inc., <https://www.kmgpsychiatry.com/provider/ankur-bindal-md>

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Source : Ankur Bindal, MD, MPH, FAPA, FAASM

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