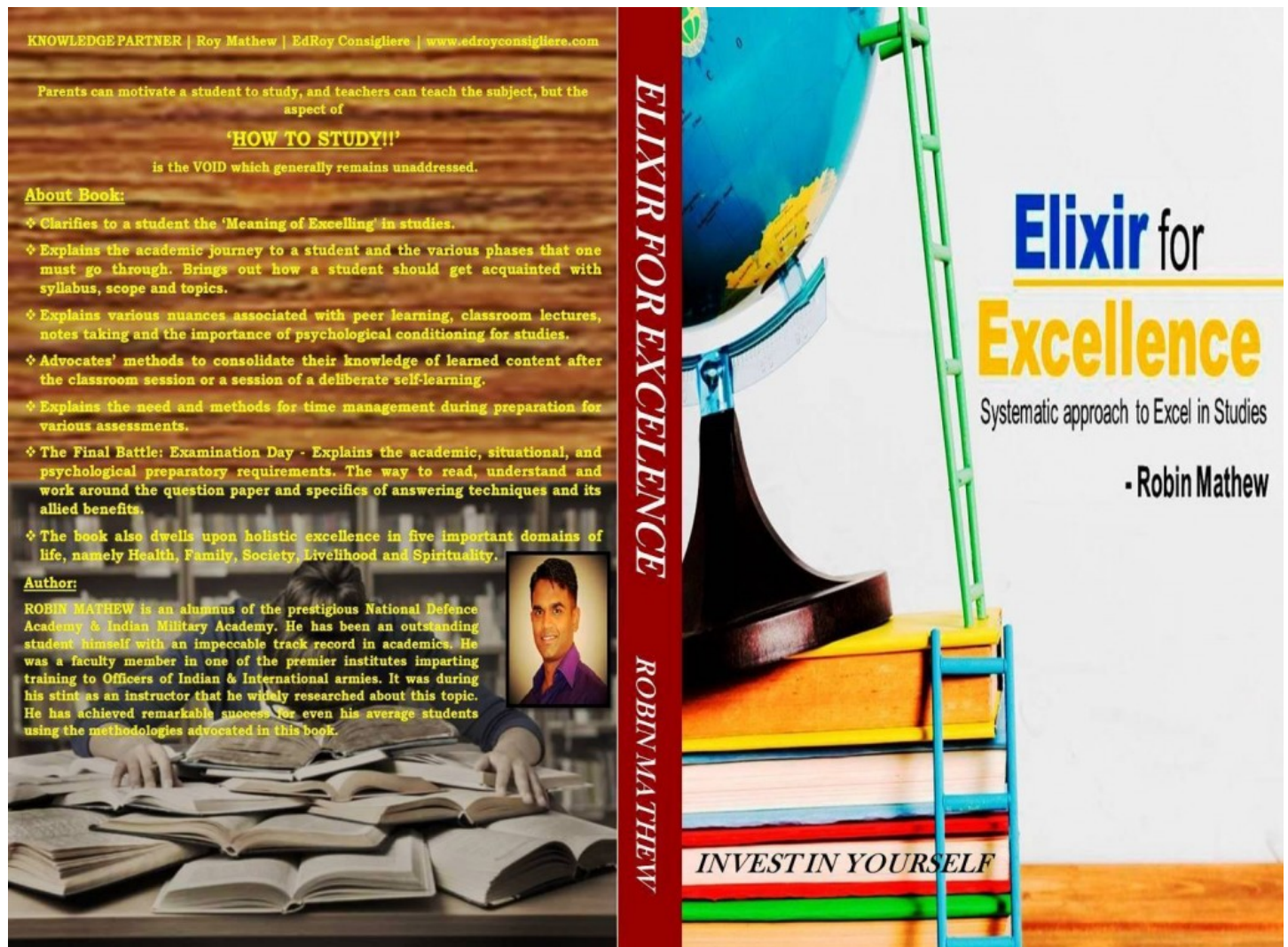


Reduce student's struggle with present day education

Elixir for Excellence - A mentoring book advocating a systematic approach to excel in studies



Gurgaon, Haryana Dec 9, 2021 (Issuewire.com) - Education has become a determining factor for everyone to scale up the ladder of success. Success in present times for students will largely depend on "Success in Studies". Therefore, everyone has an inherent desire to do well or rather excel in studies. Every parent and teacher, for sure, wants their kids to excel in their studies. If not all, most of the students want to have excellent results in their studies, but every student is NOT able to do so. The majority performance is average or at times even poor. Parents can motivate their children to study, and teachers can impart knowledge about a subject, but the aspect of 'HOW TO STUDY!!' is the void that generally remains unaddressed and is the difference between an excellent student and an average student.

The book "Elixir for Excellence" by Robin Mathew, brings out fine details about the mechanics of "How to Study". The systematic approach to excel in studies advocated in this book covers practical aspects students encounter in studies. It provides a holistic approach, right from the beginning when the student becomes aware of a forthcoming academic journey, and provides guidance right until the final stages of final examinations. The complex process of studying has been greatly simplified with time-bound goal

setting and a regular feedback system to ensure the development and sustenance of interest in studies. The major focus is on planning and preparations for various activities which a student will have to indulge in during an academic journey. Time management and the need for goal-oriented effort has been deliberated upon to get maximum efficiency out of committed time and effort. This book advocates smart hard work using associative learning instead of rudimentary rote learning.

Focused on activities that positively impact academic results., this book advocates various measures to be taken by the students to help in maximizing the returns from their academic efforts. Students are also exposed to various preparations other than academic ones, which are often neglected but are of paramount importance for enhancing the gains from academic preparations. This book introduces students to the aspect of detailed planning and focused execution of tasks to achieve desired goals. It reduces stress levels and improves students' motivation levels through regular, time-bound, and achievable goal setting. It has the potential to prepare the students of today to be effective and efficient professionals of tomorrow.

The author Lt Col Robin Mathew is a serving army officer and an educationist who has been actively involved with the training of professionals. His domain of expertise includes Tactics, Communications, Training, Human Resource Management, Operations, and Administration. He has had an instructional tenure in one of the premier professional schools instructing on Combat Tactics. It was during his stint as an instructor that he widely researched on this subject to gain a deeper insight into this subject and exchanged views about the same with several Indian and international students and instructors.

“Elixir for Excellence” is a self-published book and is available on Amazon, Flipkart, and Pothi.com at a price of Rs 395/-. The e-book is available on amazon kindle at a price of Rs 275/-





Media Contact

Harshu Robin

elixirforexcellence@gmail.com

09557270406

125, First Floor, Sector - 56

Source : Bridge Learning Solutions

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