

Jose Gary Braga Nadala, MD, a Psychiatrist with Bryan Heartland Psychiatry

Get to know Psychiatrist Dr. Jose Gary Braga Nadala, who serves patients in Lincoln, Nebraska.



New York City, New York Dec 31, 2021 ([IssueWire.com](http://www.IssueWire.com)) - A devoted psychiatrist, Dr. Nadala works with patients at Bryan Heartland Psychiatry in Lincoln, Nebraska.

The board-certified psychiatrists and mental health practitioners at Bryan Heartland Psychiatry specialize in diagnosing and treating a wide range of mental health conditions to help patients and their loved ones achieve good mental health and lead more fulfilling life. Their specialized care includes many areas such as attention deficit disorder, depression, anxiety, and relationship issues.

Throughout his academic career, Dr. Nadala earned his medical degree from the Iloilo Doctors' College of Medicine in the Philippines. After relocating to the United States, he completed his residency in psychiatry and his fellowship in child & adolescent psychiatry at the University of Southern California / LACUSC Medical Center.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and evaluate treatment results.

Learn More about Dr. Jose Gary Braga Nadala:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1562414-Jose-Nadala-Adolescent-Psychiatrist> or through Bryan Heartland Psychiatry, <https://www.bryanhealth.com/find-a-doctor/profile/jose-gary-nadala/>

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Source : Jose Gary Braga Nadala, MD

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