Jason J. Wilson, DC, a Chiropractor with Minnesota Pain Relief & Wellness Institute

Get to know Chiropractor Dr. Jason J. Wilson, who serves patients in Roseville, Minnesota.

New York City, New York Dec 21, 2021 (<u>Issuewire.com</u>) - Dr. Wilson is a licensed chiropractor serving Roseville and the surrounding communities. He has been freeing people from pain at his private practice, Minnesota Pain Relief & Wellness Institute, since 2010. As a chiropractor with experience, he is committed to promoting optimal health and well-being of patients.

The physicians at Minnesota Pain Relief & Wellness Institute use a "whole person approach". This approach to wellness means looking for underlying causes of any disturbance or disruption and making whatever interventions and lifestyle adjustments would optimize the conditions for normal function. Using this unique approach, the doctor is able to help patients accelerate and/or maintain their journey to good health.

Throughout his academic career, Dr. Wilson earned his degree in Human Kinetics from the University of Windsor in 1992. He graduated with his Doctor of Chiropractic degree from the Northwestern Health Sciences University in 1997.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo, and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

Recognized as one of the Best Chiropractors in Minnesota, Dr. Wilson has been the recipient of the Top Chiropractic Award by Minnesota Monthly Magazine (2014, 2015, 2018, 2019).

Learn More about Dr. Jason J. Wilson:

Through his findatopdoc profile, https://www.findatopdoc.com/doctor/549928-Jason-Wilson-Chiropractor or through Minnesota Pain Relief & Wellness Institute, https://www.mnpainrelief.com/meet-the-doctor/

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