

Best panchkarma centre in South delhi

Best Ayurveda doctor in South delhi



New Delhi, Delhi Dec 3, 2021 (Issuewire.com) - Best panchkarma centre in South Delhi

The word “PATHYA” in Ayurveda means any matter that does not obliterate a pathway(channel) as our body has innumerable pathways/channels in which various substances like blood, food, and water traverse. In other words, we can say, it is an entity that is suitable for the body in any way and doesn't cause any kind of restriction to bodily functions. One, cannot avoid eating but if you eat everything, you

cannot keep good health. We, humans, are the creation of nature thus we must have the best form of anything available naturally. Excess or below the normal rate of input towards the body in terms of quality & quantity can harm and make your body unhealthy. We at Pathyam Ayurveda focus on maintaining this right balance of the Food-Medicine-Daily Regime to lead you to a better life [Best panchkarma centre in South Delhi](#).

Best Ayurveda doctor in South Delhi

WHO WE ARE More About Pathyam Ayurveda

Pathyam Ayurveda gives a modern insight into the ancient systems. We believe health a perfect balance of the natural resources and the human body and believes imbalance is the basic cause of all diseases.

Best panchkarma centre in South Delhi

Pathyam Ayurveda eliminates imbalance from the most fundamental level of life, pure consciousness and re-establishes the natural interconnections of consciousness and physiology, behavior, and environment. Health in this context is defined as perfect balance and wholeness of life. [Best Ayurveda doctor in South Delhi](#)

Why Pathyam Ayurveda? Pathyam Ayurveda is COVID-19 safe

Thermal screening, Social distancing, Disinfected hospital rooms, and sterilised equipment ensure your 100% safety during treatment.

Completely Safe and Natural Ayurvedic Treatment

Ayurvedic practices such as yoga and meditation are safe and natural ways to promote health. If you have a long-term illness, At Pathyam Ayurveda we may combine Ayurveda with conventional medical treatment for faster recovery.

Our Specialities

Cervical/Neck Pain Treatment

Cervical spondylosis, otherwise called osteoarthritis of the neck is one of the common ailments that affect day to day activities of a person

Constipation Treatment

Constipation refers to a condition in which there are fewer than three motions in a week or there are hard stools that cause pain, [Best Ayurveda doctor in South Delhi](#)

Cupping Therapy

Cupping Therapy is an ancient form of alternative medicine in which a therapist puts special cups on your skin for a few minutes to create suction.

Gastritis Treatment

Gastritis means inflammation of the mucus lining of the stomach. Patients suffering from chronic Gastritis feel uneasy and uncomfortable during most of the day.

Ayurvedic Treatment With Technology

Our doctors spend a significant amount of time with you in order to diagnose your disease. All pre-treatment medical tests will be done for you. We offer the latest tested ayurvedic treatment or procedure as per disease.

Post Treatment Care

Every patient gets free follow-up consultations and instructions, including food advice and exercises, to help them return to their normal routines smoothly. [Best panchkarma centre in South Delhi.](#)



Media Contact

pathyamayurvedaa

pathyamayurvedaa@gmail.com

+91-8178423975

C8, First Floor, Amar colony, lajpat Nagar IV, New Delhi, Delhi-110024, INDIA

Source : pathyam-ayurveda

[See on IssueWire](#)