

This Children's book aims to help kids understand the No. 1 Emotional Intelligence skill, Empathy.

Nov 2, 2021 - Manuela Ocampo (Magú), wrote A Book About Empathy to help children “feel with” others, act with compassion and prevent bullying from an early age.

A BOOK ABOUT **EMPATHY!**



BY MANUELA OCAMPO MEJÍA (MAGÚ)

Spain, Madrid, Nov 2, 2021 ([IssueWire.com](https://www.issuewire.com)) - Ever seen a younger child getting out of their way to comfort an older child when the latter is sad? This complex emotional intelligence skill paired with caring action is “Empathy”, a superpower of our modern-day and age.

“I believe Empathy is at the heart of what it means to be human,” said Manuela, “I wrote this book to help raise compassionate kids who can better understand and react to others’ feelings”.

Manuela, the children’s development expert decided to take action, writing and collaborating with [Opal](#) to publish a children's eBook called "[A Book About Empathy](#)" to help kids understand empathy.

"I wrote it hoping that children will grow up to act with kindness, making a positive difference in the world" said, Manuela. "I think that through reading the book, kids can discuss with their parents or carers about what they learned about Empathy. Parents quite often listen to their kids more than any expert", Manuela said.

The Story of Maddie

The book is aimed at 3 to 10 -to year-olds and features the story of Maddie, a 4-year-old girl who is the book’s main character.

Maddie is outgoing, bubbly and along her journey, she encounters multiple characters and situations that help her understand her own emotions and others’ circumstances. She goes on a journey to recognize empathy and share her learnings along the way with young readers.

Illustrated by Anastasiya Kioroglo, the eBook uses colourful illustrations and simple narratives to tell the story of Maddie and her companions on the journey to understand and practice empathy.

"I’m thrilled and proud to work with [Opal](#) to write a book about an essential value of what it means to be human,” said Manuela.

Media Contact

Opal Academy

opal-academy@outlook.com

656370215

Paseo de la Castellana

Source : Opal Academy

[See on IssueWire](#)

