

Tania Faruque, MD, an Anesthesiologist & Pain Management Specialist with Palomar Spine & Pain

Get to know Anesthesiologist & Pain Management Specialist Dr. Tania Faruque, who serves patients in Escondido, California.



New York City, New York Nov 16, 2021 ([IssueWire.com](https://www.issuewire.com)) - A double board-certified anesthesiologist & pain management specialist, Dr. Faruque is the Medical Director of Palomar Spine & Pain in Escondido, California. She believes her most important role is being a patient's advocate. Through assessment and careful diagnoses, she provides the physical, emotional, and social interventions needed to achieve optimum total health.

The doctor combines a multimodal treatment plan using evidence-based treatments, rehabilitative approaches, and interventional pain procedures including spinal injections, joint injections, neuromodulation therapies, and regenerative medicine procedures.

With extensive training and experience using a multidisciplinary approach in the treatment of chronic pain, she graduated with her medical degree from the Wayne State University School of Medicine. Her journey into pain medicine started with residency training at the world-renowned Cleveland Clinic, where she worked with patients in the Chronic Pain Rehabilitation Program. She broke barriers by becoming the first female pain management fellow at Cedars-Sinai Medical Center in Los Angeles.

An authority in her field, the doctor is board-certified in anesthesiology and interventional pain medicine by the American Board of Anesthesiology (ABA). As the certifying body for anesthesiologists since 1938, the ABA is committed to partnering with physicians to advance the lifelong learning and exceptional patient care. Its mission is to advance the highest standards of the practice of anesthesiology.

Anesthesiology is the medical specialty concerned with the total perioperative care of patients before, during, and after surgery. It encompasses anesthesia, intensive care medicine, critical emergency medicine, and pain medicine. Anesthesiologists have the primary responsibility of monitoring the patient's vital signs during surgery. In addition to basic measurements such as pulse, blood pressure, and temperature, they measure the patient's respiration.

Interventional pain management is a method that utilizes pain-blocking techniques to help make day-to-day activities less difficult, and effectively restore quality of life for patients. Rather than just prescribing medication or only recommending physical therapy, an interventional pain management specialist utilizes all sources of treatment to eliminate pain in the fastest and most effective way possible for each individual patient.

Among her various accolades, Dr. Faruque has been the recipient of the Top Doctor (2021), the Patients' Choice Award (2018), and Compassionate Doctor Recognition (2018).

Growing up in the Midwest, she decided to settle down in Southern California after meeting her husband. Her hobbies include cross country road trips, treasure hunting, playing violin, fiction writing, and sports like tennis and boxing.

Learn More about Dr. Tania Faruque:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/1206146-Tania-Faruque-Interventional-Pain-Physician> or through Palomar Spine & Pain, <https://www.palomarspineandpain.com/about-psp/tania-faruque-md/>

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